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Catholic bishop in court today for hearing

PORNOGRAPHY The case of a Roman Catholic bishop facing child pornography charges is back in an Ottawa courtroom today.

A routine hearing is to be held for Raymond Lahey, 69, who is charged with possessing and importing child pornography.

Lahey — who stepped down as bishop of the diocese in Antigonish, N.S. — was charged Sept. 25, 10 days after he was detained by Canada Border Services Agency officers at Ottawa airport. THE CANADIAN PRESS

News on the Move

What's this barcode for?
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Entertainment pg 23

Divorce Sucks, says Eustace

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Death **Magnetic**

MIKE CARROCCETTO/FOR METRO OTTAWA

Metallica's lead singer and rhythm guitarist James Hetfield rocks a sold-out show at Scotiabank Place last night. The band is on their World Magnetic Tour to promote their ninth album, Death Magnetic.

Warning could haunt you: Cops

More than a week after the province banned drivers from using handheld devices while behind the wheel, Ottawa police are still seeing drivers use cellphones, BlackBerry-type devices and even playing video games.

So far, there has only been "a very slight difference" in the number of people using devices behind the wheel, said Sgt. Al Ferris with the Ottawa Police Traffic Escort Unit, who suggested that one of the reasons is that there is no deterrent.

Police have been giving warnings to people seen using — or even just holding — handheld wireless devices and entertainment units behind the wheel.

The "warning phase" continues to Jan. 31, said Ferris. "But in the event there is a serious injury or death that results directly from the use of these devices, the provincial court has allowed us to lay charges.

"If we stop someone, all the information is … entered into a system," said Ferris. "And if the person is stopped again, they might lose the privilege of getting off with just a warning because they've been stopped before."

TRACEY TONG/METRO OTTAWA

Assessment centres for H1N1 open

Move set to ease hospital crush

Flu Outbreak

TRACEY TONG
tracey.tong@metronews.ca

In response to the increase in H1N1 cases, six flu assessment centres will open across the city today.

The centres, which are intended for people who suffer flu-like symptoms but do not have a family doctor and are not ill enough to go to hospital, will help lessen the burden on local hospital emergency departments.

"Of course I'm not pleased to need to make this announcement," said Ottawa's medical officer of health Dr. Isra Levy. "This is something we thought we might have to do. In fact, once we knew there was a pandemic influenza, we knew we would get to the stage where we would need to take some burden off of the primary-care and hospital-care sectors."

The assessment centres are located at six community health centres: Sandy Hill, Somerset West, Centretown, Dempsey, Carlington and Pinecrest-Queensway.

7 days a week

- The assessment centres run seven days a week, from 10 a.m. to 6 p.m. on weekdays and from 10 a.m. to 2 p.m. on weekends.

Health agencies serving the First Nations, Inuit and Métis communities will also be providing assessment and treatment.

While centre staff will diagnose and treat symptoms, they will not provide vaccine, Levy said. People who want the vaccine will still be able to get it through city clinics, said Levy.

There's a divide between clinics and centres because the city doesn't want people who are well to be exposed to ill people.

Levy said the city expected to receive its first delivery of 5,000 doses of non-adjuvanted vaccine last night. He added that it's likely the vaccine will be available to pregnant women as soon as tomorrow.

Levy said there will be enough vaccine for all Canadians who want it, but "the supply … is going to be an issue … during this week."

MORE COVERAGE, PAGE 4

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Local

Snowsuits sought for thousands of kids

The Snowsuit Fund kicked off its 28th annual fundraising drive yesterday with the presentation of a snowsuit to one of more than 15,000 underprivileged local children the organization will serve this winter. Snowsuits can be dropped off at the Snowsuit Fund Depot, any Canadian Tire, Bank of Montreal and Browns Cleaners, and monetary donations can be dropped off at or mailed to the Snowsuit Fund Depot at 225 Donald St., Unit 134, Ottawa, K1K 1N1.

METRO OTTAWA

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Senior hurt after being struck by car

INJURIES A 72-year-old male pedestrian suffered head and internal injuries after being struck by a car, and then thrown into the path of a bus yesterday morning, Ottawa paramedics said.

Paramedics got a call at 6:36 a.m. regarding a collision at Fisher Avenue between Baseline Road and Shillington Avenue. Police said the collision involved a pedestrian, a car and an OC Transpo bus.

While the victim's injuries were originally assessed as life-threatening at the scene, his condition later improved and his injuries are now non-life-threatening.

Ottawa police are investigating the incident.

TRACEY TONG/METRO OTTAWA

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WHAT'S ONLINE TODAY

Blogs The SpinDoctor weighs in on Ottawa's handling of the H1N1 outbreak and what the Liberals need to revive their poll numbers

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TIM WIECLAWSKI/METRO OTTAWA

RCMP Const. David Kane, left, checks out the Ottawa Police Service badge that older brother Phil received yesterday at a graduation ceremony for new recruits. Const. Phil Kane was the valedictorian of a class of 24 new officers.

New officers share graduation with family

POLICE As 39-year-old Phil Kane marched into the Cartier Square Drill Hall yesterday with the graduating class of new Ottawa police constables, he was shocked to see a man dressed in a scarlet jacket, topped with a brown flat-brimmed Stetson.

His brother David, 38, an RCMP officer posted to Surrey, B.C., had secretly flown into town to present Kane with his wallet badge at the graduation ceremony.

Ottawa police graduated 24 of its newest officers yesterday. In all, eight family members presented graduates with new wallet badges. Const. Nicola Saunders was welcomed into the ranks by her husband. Several parents welcomed their children, including Staff Sgt. Terry Welsh, whose daughter, Lisa Welsh, joined the service shortly before he retired.

New Const. Scott Turnbull received the badge from his mother and father, both officers, and his brother, who is also a member of the Ottawa police.

Keeping with the family theme of the ceremony, Chief Vern White reminded the new officers to look after their loved ones at home and urged those family members to support the new officers.

"When you're out there putting your life on the line and running towards danger, it is often your family that feels the brunt of that," he told the recruits.

"At the same time, remember you have a family of 2,200 people who stand with you, behind you and in front of you, and when necessary, will be at your side."

TIM WIECLAWSKI/METRO OTTAWA

News in brief

CRACKDOWN Police are cracking down on red-light runners and motorists who drive illegally in reserved transit lanes this month. In 2008, motorists' improper use of reserved transit lanes caused 33 collisions and three injuries. The fine for this infraction is $150. Police said red-light running is also a serious issue on Ottawa roads. In 2008, 833 reportable collisions occurred due to drivers failing to stop at red lights. These collisions resulted in four deaths and 375 injuries — 15 of them life-threatening.

TRACEY TONG/METRO OTTAWA

City eyeing waste fees

User costs tabled in draft budget

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Residents in Ottawa with green bins, blue boxes and black boxes could be paying a bit more to have their recycling taken away next year.

To cover the expense of operating the city's new organics recycling program, the planning and environment committee is calling for a $68-per-year fee for households with green bins in its 2010 draft budget estimate.

That budget would also shift the cost of operating blue and black box recycling from the general tax base to a $41-per-year user fee service.

"It was deemed inappropriate to allocate the cost of the new green bin program to the general property tax base," said committee chair Peter Hume.

Around 7,800 rural residents, who do not participate in the green bin program, would not be charged for the service.

The new fees would appear on the property tax bill next to the $86 garbage collection.

Kanata South Coun. Peggy Feltmate, committee vice-chair, acknowledged the fee shift may be one of the biggest issues of the budget. "Some won't like it," she said.

By making this funding shift, the committee would reduce its operating property tax requirement by $11 million. But around $5 million from those savings would be offset by $1.2 million in reimbursed development fees, a $1.9-million Emerald Ash Borer management plan and a $1-million investment in sewers.

"It was deemed inappropriate to allocate the cost of the new green bin program to the general property tax base."
Peter Hume, committee chair

Based on a property tax bill for a home assessed at $278,000, the impact would be an extra $57 for residents paying for garbage, green bins, and blue and black boxes.

Fee increases aside, the overall impact of this draft budget would reduce the property tax increase by 0.6 per cent, said Hume.

The draft estimate still needs to be approved by the committee, the audit budget and finance committee, and city council.

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Canadians face charges over U.S. tax cheques
Two Canadian men have been accused of depositing large, illigitimate U.S. tax refund cheques. Donald Mason of Fort Saskatchewan, Alta., and John Chung of Kelowna, B.C., have appeared in court in Seattle on charges of stealing public money. THE ASSOCIATED PRESS

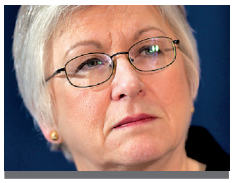
Canada

Long-gun a goner?

A Conservative MP says she's close to having enough opposition support to kill the long-gun registry in a vote on her private member's bill today. Candice Hoeppner says she has commitments from eight Liberal and NDP MPs to vote in favour of her legislation. "I would like to have 12 to really make sure it passes," she said. THE CANADIAN PRESS

Work force reforms failed, says Fraser

Vaunted reforms to fast-track skilled immigrants and quickly plug gaps in Canada's labour force have not lived up to advance billing, says Auditor General Sheila Fraser.



The Harper government introduced the controversial reforms in 2008.

It argued then they were necessary to eliminate the backlog of more than 600,000 skilled-worker applications and reduce wait times of up to seven years.

But in her latest report, Fraser says the changes have done little to cut the number of new applications pouring in or put a dent in the backlog.

"While it is too early to assess their full impact, the trends in the number of new applications received since the beginning of 2009 indicate they might not have the desired effect," Fraser says.

Indeed, she questions why the reforms — which give the immigration minister controversial power to pick and choose which categories of skilled immigrants will be fast-tracked or turned away — were implemented in the first place.

The measures "were implemented without sufficient analysis."
Sheila Fraser

The measures "were implemented without sufficient analysis," Fraser says.

At the time, opposition critics predicted the reforms would do little other than empower the minister to "cherry pick" favoured immigrants from the queue.

New Democrat immigration critic Olivia Chow said Fraser's report proves the opposition was right

"We knew the changes to the Immigration Act last year were not going to work," Chow said.

"We said so. Almost every immigration lawyer or academic said that it is the wrong direction."

THE CANADIAN PRESS

Toxic trinkets put children in peril

DANGER Tests are turning up dangerous levels of lead in children's jewellery, but the federal government can't compel companies to recall the toxic trinkets, says a new report by Canada's environmental watchdog.

Health Canada must negotiate voluntary recalls, says Environment Commissioner Scott Vaughan.

THE CANADIAN PRESS

Royalty **A salute that spells 'Canada'**

ANDREW VAUGHAN/THE CANADIAN PRESS

Prince Charles and wife Camilla are framed by an RCMP officer as they tour Brigus, N.L., yesterday during their 11-day visit to Canada. A documentary airing the final day of their tour predicts Charles' coronation could spell the demise of the monarchy in Canada. It notes a Canadian poll in which two-thirds of respondents support ditching the monarchy once the Queen dies.

This vaccine grows on you

POLL Who's afraid of the bad ole H1N1 flu vaccine? Not so many, apparently.

Canadians are becoming less and less ambivalent about the vaccine against the H1N1 influenza virus (also known as swine flu), a new poll suggests.

A majority of people either plan to roll up their sleeve or have done so already, the poll shows.

The results of the latest Canadian Press Harris-Decima survey suggest public reticence about the vaccine is rapidly diminishing in the face of growing concern about the virus.

Flu Outbreak

Forty-nine per cent of respondents said they intended to get the shot, while six per cent reported already having done so.

It's a sharp increase over a similar poll last month that found only about a third of those surveyed intended to get vaccinated.

Only 36 per cent of respondents said they had no plans to get the vaccine, a drop of 14 percentage points since early October.

The poll also found a majority of respondents are resigned to the fact they'll likely have to wait a while to get immunized.

Just five per cent said they expected to get the shot within the next few days, while 18 per cent expected it in the coming week. Twenty-eight per cent anticipated it taking up to two weeks, and 24 per cent the rest of the month.

The numbers also suggest Canadians are willing to be patient, Anderson said.

THE CANADIAN PRESS

Miners died in a frigid ordeal

TRAGEDY A grieving relative says three dead miners drowned in such frigid water their bodies were frozen blocks of ice by the time they were recovered.

The three men were trapped when the northern Quebec mine was flooded Friday.

After a frenzied rescue effort, their frozen bodies were found three days later.

Rescue workers had frantically pumped water from hundreds of metres below the ground in the hope of finding the men alive.

But Pietro Bollini said yesterday there's no way the three men — including his brother, Domenico — could have survived for very long.

He said Marc Guay, Bruno Goulet and Bollini were doing repair work in the mine near Lebel-sur-Quevillon when it flooded.

Police are trying to determine whether criminal negligence may have played a role.

THE CANADIAN PRESS

News in brief

FLIGHT Cougar Helicopters has returned a Sikorsky S-92 chopper to service after replacing a cracked component. The aircraft is ready to fly to drilling rigs off Nova Scotia, the firm said. It's the same make of helicopter that was involved in a fatal crash off Newfoundland in March. THE CANADIAN PRESS

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Queen Mother loved Canada, says new book
The Queen Mother "fell in love with Canada" during her first trip, says William Shawcross, author of a new official biography on the late royal. THE CANADIAN PRESS

Quebec officers make one Hell of an arrest

Police claim charges unrelated to recent Mafia probe

Quebec provincial police have dismantled what they say is an elaborate attempt by the Hells Angels to bully their way into the province's bricklaying industry and use legitimate businesses for money-laundering.

The 10 arrests helped underscore the towering scale of an ongoing scandal in Quebec involving the construction industry's criminal underbelly.

The arrests were completely separate from Operation Hammer, the high-profile probe into allegations of Mafia-related activity that have rocked the industry and the province's political class.

> **"It shows when citizens rise up and refuse to be intimidated and bring their concerns to police, we can protect them."**
> Insp. Michel Forget

They came on the same day the Quebec government announced new tendering rules for public contracts worth $25,000, and the province's elections body announced a citizens' forum aimed at toughening political fundraising laws.

Police billed the 10 arrests as a completely isolated case.

However, it was one of numerous news items yesterday that hinted at a provincewide crackdown on construction corruption.

"It shows when citizens rise up and refuse to be intimidated and bring their concerns to police, we can protect them," said provincial Insp. Michel Forget, the head of the new squad investigating the construction allegations.

THE CANADIAN PRESS

Trenton **Repatriation ceremony**

FRANK GUNN/THE CANADIAN PRESS

Gov. Gen. Michaëlle Jean, back right, and Defence Minister Peter MacKay look on yesterday as the family of Sapper Steven Marshall is escorted to view his coffin in the back of a waiting hearse during his repatriation ceremony in Trenton, Ont. Marshall, 24, died Friday when a roadside bomb exploded near Kandahar City.

News in brief

GAS PRICES Pump prices normally fall when the cold weather starts to settle in, but drivers might have noticed them heading upward over the past month. Gasoline averaged $1.02 per litre this past week, according to the latest pump price survey by Calgary consulting firm MJ Ervin & Associates released yesterday. At the beginning of October, the price was just shy of 95 cents per litre. During the first week of November last year, the average pump price was just less than 93 cents per litre.

OLYMPICS Vancouver's Olympic organizers say the 2010 Games are going to be greener than they first expected. The committee says that with just over 100 days to go until the Games begin, they have a better idea of the scale of their operations and are confident they'll be able to be carbon-neutral. The committee now says 268,000 tonnes of carbon emissions will be produced, with just under half of that coming from the Olympics themselves.

THE CANADIAN PRESS

Female lion leaving zoo after attacks

ANIMALS There's no jungle love in the lion enclosure at New Brunswick's Magnetic Hill Zoo, and that's left an older lioness so frustrated and angry she has resorted to violence.

Bruce Dougan, general manager of the zoo in Moncton, said yesterday that Kito became depressed after her longtime mate, Marshall, became ill and had to be put down in February.

"Generally these big cats live for 15 to 20 years and, when the mate passes on, we see a change in the personality of the remaining animal," he said.

The zoo brought in two lion cubs — a male and a female — to be company for Kito and to form a new pride for her.

Azizi is the male cub while the female is called Amara.

Dougan said the three lions got along until Kito went into heat, the young male didn't know what to do and she took out her frustrations on the cub, who required several stitches to close wounds after her beating.

The owner of another zoo has agreed to integrate Kito into an all-female pride of lions that are all about her age.

THE CANADIAN PRESS

Zoo staff

- Zoo staff have decided to send Kito to a zoo in Seagrave, Ont., where they got her almost 10 years ago when she was just six months old.

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Man gets 2½ years for airport laser prank

A Southern California man who aimed a laser beam at two airliners as they approached an airport has been sentenced to 2½ years in federal prison for disrupting the flights. The laser beam struck one pilot in the eye, causing "flash blindness," and interfered with pilots' ability to land the other plane. THE ASSOCIATED PRESS

World

Images show what girl may look like now

Computer generated images from Britain's Child Exploitation and Online Protection Centre shows how Madeleine McCann might look now, right, and with darker hair and tanned skin in case she has been living in north Africa, left. The now six-year-old girl disappeared more than two years ago while on vacation with family in the Portuguese Algarve. British police appealed yesterday for Internet users worldwide to spread a one-minute CEOP-made video on McCann's disappearance. THE ASSOCIATED PRESS

Bosnia **Watching the Karadzic trial**

AMEL EMRIC/THE ASSOCIATED PRESS

Hajra Catic, a Bosnian Muslim woman, watches a TV broadcast of the Radovan Karadzic trial in front of wall covered with photos of victims of the Srebrenica massacre. Karadzic appeared at his UN war crimes trial yesterday in The Hague for the first time since it began last week, claiming his "fundamental rights have been violated" by judges who started without him. The former Bosnian Serb leader is accused of masterminding Serb atrocities throughout the 1992-1995 Bosnian war.

Kennedy tapes mirror Obama's quandary

Newly released White House tapes from the Vietnam War era portray U.S. President John F. Kennedy wrestling over the fate of South Vietnam's strongman in a situation that appears to mirror Barack Obama's quandary today in dealing with Afghanistan's shaky government.

Obama is beset by questions about President Hamid Karzai's popularity, honesty and management of the war against the Taliban, while Kennedy dealt in 1963 with President Ngo Dinh Diem and his inability to turn the tide against Viet Cong insurgents.

At issue in both conflicts was a rising number of U.S. casualties in defending unpopular governments.

Forty-six years ago this week, Vietnamese generals, confident they had the support of their U.S. allies, overthrew Diem's government in Saigon. But Kennedy, conflicted by a State Department green light to the generals in their coup, questioned the move.

Audio tapes and transcripts of four days of White House meetings released this week by the JFK Presidental Library in Boston reflect uncertainty over what steps to take to try to bolster Saigon's government, riddled with corruption and out of touch with its citizens.

THE ASSOCIATED PRESS

RFK killer moved

- An attorney for the man who assassinated Robert F. Kennedy in 1968 reports that his client was transferred from a prison that houses high-risk offenders to a new facility where his life could be in danger. William F. Pepper said Sirhan Sirhan opposed the move from the California state prison in Corcoran, which houses high-risk prisoners such as Charles Manson, to Pleasant Valley State Prison in nearby Coalinga.

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News in brief

NEW JERSEY Republican Chris Christie has defeated Democratic Gov. Jon Corzine in New Jersey. With 71 per cent of precincts reporting last night, Christie had 50 per cent of the vote to Corzine's 44 per cent. Christie, a 47-year-old former federal prosecutor, became the first member of his party in a dozen years to win a statewide contest in heavily Democratic New Jersey. The Republican victory deals a blow to President Barack Obama as he readies for next year's midterm elections. THE ASSOCIATED PRESS

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Vatican outraged by court ruling

ITALY The Vatican yesterday denounced a ruling by the European court of human rights that said the display of crucifixes in Italian public schools violates religious and education freedoms. In a decision that could force a review of the use of religious symbols in government-run schools across Europe, the court ordered Italy to pay an $8,000 fine to a mother who fought to have crucifixes removed from her children's public school classrooms. Crucifixes are common in Italian public schools as well as courtrooms.

THE ASSOCIATED PRESS

Anthropologist Strauss dies at 100

FRANCE Claude Levi-Strauss, widely considered the father of modern anthropology for work that included theories about commonalities between tribal and industrial societies, has died. He was 100. The French intellectual was regarded as having reshaped the field of anthropology, introducing structuralism — concepts about common patterns of behaviour and thought, especially myths, in a wide range of human societies. THE ASSOCIATED PRESS

Chinese crime boss sentenced

CHINA Dubbed the "godmother" of the Chinese underworld, she was notorious for her toughness and a lavish lifestyle that reportedly included luxury villas and a stable of 16 young lovers.

Her criminal reign ended yesterday when Xie Caiping, 46, was sentenced to 18 years in prison for running illegal casinos and bribing government officials.

Her trial was one of a series of gang prosecutions in the southwestern city of Chongqing that have featured lurid testimony about sex, corruption and the violent underworld.

Xie Caiping

Xie is the only female gang boss to be tried as part of a monthslong crackdown on local gangs, known as "black societies," in the sprawling southwestern megacity of 30 million.

The trials have exposed the tangled web of links between government officials and police officers who sought to provide cover for the crime syndicates.

Besides her luxury homes, Xie reportedly enjoyed her own Mercedes-Benz and "retained 16 young men for personal entertainment," local media reported.

THE ASSOCIATED PRESS

South Africa **African tribal leaders launch group**

THEMBA HADEBE/THE ASSOCIATED PRESS

Delegates dressed in traditional Ndebele outfits stand against a wall before the Institute of African Royalty launch in Johannesburg yesterday. The kings, queens and chiefs of Africa say they have a role to play in democracy and development on the continent, and several traditional leaders have gathered in South Africa to launch the institute.

Lennon's family donates proceeds to peace fund

John Lennon's widow, Yoko Ono, and two sons are donating the proceeds from the 40th anniversary release of the hit Give Peace a Chance to a UN peacebuilding fund used to help countries emerging from conflict, the fund announced yesterday. THE ASSOCIATED PRESS

Students found dead in pond

Canadian among trio earlier reported missing in North Dakota

A 21-year-old student from Manitoba was among three North Dakota college softball players found dead yesterday in a Jeep that was pulled from a pond two days after the women disappeared.

Authorities had been searching since Sunday night for Ashley Neufeld of Brandon, Man., Kyrstin Gemar, 22, of San Diego; and Afton Williamson, 20, of Lake Elsinore, Calif.

Police Lt. Rod Banyai said police are "still investigating" the cause of the deaths and autopsies are planned.

The Dickinson State University students were believed to be in the white 1997 Jeep Cherokee with California plates when they were last heard from in the calls made to two friends on cellphones before lines went dead.

Neufeld

Gemar

Williamson

Police described the first as a "very scratchy" call for help in which one of the women said they were near a lake and water.

Banyai said the pond is about 3.6 metres deep on a farm northwest of Dickinson. He said searchers found vehicle tracks leading into the pond yesterday afternoon, and searchers in an airplane flying over the site saw oil on top of the water. The submerged vehicle was pulled from the pond about two hours later, police said. Banyai said the vehicle will be checked for defects. He said authorities don't know how it got into the pond.

In Brandon, people said they were devastated by news of Neufeld's tragic death. Jim Nay started coaching her in softball when she was about 12 years old and coached her for more than six years.

Nay learned of Neufeld's death last night and said it's a feeling of "nothing but total devastation."

She was a "fantastic" player and "a very, very outgoing person," Nay said in a phone interview with The Canadian Press.

THE ASSOCIATED PRESS

Judge who wouldn't marry interracial couples resigns

LOUISIANA A justice of the peace who refused to marry a couple because the bride was white and groom was black resigned yesterday.

Keith Bardwell, who is white, quit the post with a one-sentence statement to Louisiana Secretary of State Jay Dardenne and no explanation of his decision.

Bardwell refused to perform the ceremony for Beth Humphrey and Terence McKay because they are of different races. When questioned about his refusal, Bardwell acknowledged he routinely recuses himself from marrying interracial couples because he believes such marriages cause harm to the couples' children. In interviews, he said he refers such couples to other justices of the peace, who then perform the ceremony, which happened in this case.

Humphrey has said she and McKay received their marriage licence from the parish clerk of court, where they also received a list of people qualified to perform the ceremony. When she called Bardwell's office to ask about the ceremony on Oct. 6, Humphrey said Bardwell's wife told her that the justice wouldn't sign their marriage licence because they were a "mixed couple."

Bardwell didn't immediately return a call for comment yesterday about his resignation, which followed calls for his ouster from several public officials, including Louisiana Gov. Bobby Jindal and U.S. Sen. Mary Landrieu.

THE ASSOCIATED PRESS

Canadian gets two years for flight

ST. LOUIS A Turkish-Canadian man was sentenced yesterday to two years in U.S. federal prison for stealing a plane in Thunder Bay last April and flying over three American states before landing along a Missouri highway. Adam Dylan Leon might have received only 12 to 18 months. But judge Charles Shaw went beyond sentencing guidelines in deciding punishment. Shaw said the 31-year-old's actions posed risks to others, cost the government $230,000 US to keep fighter jets in the air for seven hours tracking him, and caused the Wisconsin capitol to evacuate. He also had some advice for Leon, who said he had hoped to be shot down. His attorney had asked for leniency, saying her client suffered from depression. Shaw told Leon it would be worth his while to see It's a Wonderful Life, the film starring James Stewart, about a despairing man who comes to know what life would have been like if he never had lived.

THE ASSOCIATED PRESS

Panama **Independence Day**

MONICA RUEDA/THE ASSOCIATED PRESS

A boy dressed as an Honor Guard soldier takes part in an Independence Day parade in Panama City yesterday. Panama celebrates the Independence from Colombia with big parades in the capital.

News in brief

VIETNAM Officials say the death toll from Tropical Storm Mirinae has risen to 57 in the central part of Vietnam as authorities step up rescue and relief operations. Dang Thi Lanh, disaster official in the hardest-hit province of Phu Yen, says 24 more deaths were reported in the province as information started to trickle in from isolated areas. An additional 18 people were still reported as missing.

FIJI Australian Prime Minister Kevin Rudd vowed a hard line against Fiji yesterday after the island nation's military ruler ordered the expulsion of diplomats from Australia and New Zealand. THE ASSOCIATED PRESS

Karzai pledges a fresh start, reaches out to opponents

KABUL Afghanistan's president welcomed his new term — achieved after his main opponent withdrew from a runoff election — by reaching out to opponents yesterday and promising to banish the corruption that has undermined his administration.

Hamid Karzai did not spell out how he would institute reforms or mention whether he is willing to make concessions to his opponents.

Karzai spoke a day after being declared victor of an election so marred by fraud that it took two and a half months, and intense international pressure, to resolve. His main opponent, Abdullah Abdullah, said when he dropped out of the planned runoff that he was withdrawing because it could not be free or fair.

Deeds, not words

- U.S. President Barack Obama said Monday that he had called for a new chapter during a telephone call congratulating Karzai over his re-election. When Karzai offered assurances, Obama told him that "the proof is not going to be in words. It's going to be in deeds."

Karzai said in a speech he wants people from every part of the country in his government, including political opponents. But he never mentioned Abdullah by name.

Karzai said he needs international support and does not want to squander the goodwill of those supplying thousands of troops and funds to Afghanistan.

THE ASSOCIATED PRESS

THE HILLIER INSPIRATION Series

General Rick Hillier will present his leadership strategies and experiences at the leadership event to be held on Monday, November 16th at the National Arts Centre in Ottawa. General Hillier will share his viewpoints on leadership and will be joined by special guest Vern White, Chief of Police, Ottawa Police Services. The two will engage in a debate on the topic of leadership.

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Comment

Just Say No to Royals

TheWestView

We are not amused. Charles and Camilla have decided to visit Canada. But nobody asked us, er, me.

The military is ferreting the royal couple around in a free jet, although I'm not sure why — are there no seat sales?

It's bad enough Canadians are still addicted to this vestigial organ of English colonialism; the one we least want to see is Charles. According to the latest poll, 41 per cent prefer William as the next king, and Charlie's stint as tabloid fodder is over (we hope), so what's the point?

Not only that, his mother the Queen is poised to turn up in a few months, which means more bowing and scraping, not to mention jet fuel. At the rate the military budget is being depleted, our troops will have to leave Afghanistan before 2011, long before it is safe for democracy.

I guess you could say Charles' visit pulls us together. This is the first time in living memory I remember agreeing with a separatist. I'm with Patrick Bourgeois, president of Réseau de Résistance du Québécois. Charles is indeed "an atavistic enemy of free Quebec."

On second thought, maybe Charles' visit is a good idea after all.

But no. It's time to Just Say No to the monarchy and all the ridiculous nonsense that attends it.

It's not just that the English monarchy is an affront to the dignity of people from Bombay to Belfast to La Belle Province, although there is that. It's not just that these people live in absurd state-sponsored luxury while 24,000 of the world's children die of hunger every day. And I can't imagine how they can even look at themselves in their gilt-edged mirrors.

It's that here in Canada, we allow the Royals to distract us from nation-building. Instead of forging a strong democratic republic based on diversity, tolerance and imagination, we're allowing Michaëlle Jean to get her vice-regal knickers in a knot over whether or not she's the head of state.

Of course she's not the head of state! She's a CBC reporter! Get over yourself!

The Emperor or the Prince of Wales or whatever he's called, has no clothes on — figuratively speaking — although I bet he's tailored from tip to toe in only the finest products of Savile Row.

God save us from the Queen, the Prince of Wales, the Governor General, the Royal Corgis, etc.

Charles?

Go home.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

MICHAEL DE ADDER

Worth mentioning

Don't steal or this could happen to you: Message

In exchange for jail time, a woman and her adult daughter in Bedford, Pa., agreed to stand outside a courthouse holding signs saying they stole a gift card from a nine-year-old girl on her birthday.

Evelyn Border, 56, and Tina Griekspoor, 35, stood outside the court for 4½ hours yesterday. They held signs that read: "I stole from a 9-year-old on her birthday! Don't steal or this could happen to you!"

Because the women agreed to hold the signs, Bedford County District Attorney Bill Higgins said he will ask for probation instead of jail when they pleaded guilty to the theft.

Higgins said they swiped a gift card the girl set on a shelf while a Wal-Mart employee helped her.

THE ASSOCIATED PRESS PHOTO

Tina Griekspoor is seen holding a sign yesterday in front of the Bedford County courthouse in Bedford, Pa.

The girl's mother planned to drive by the courthouse to teach her daughter the importance of obeying the law.

THE ASSOCIATED PRESS

Word on the street: How well have governments — federal and provincial — handled the H1N1 vaccination program?

Donna McCulley
age 35, Ottawa

A: I don't think they're doing a very good job. The lineups are ridiculous. They are taking way too long to vaccinate all the high-risk people. The rest of us have to wait until what? We're sick or worse?

Phillipe Desbiens
age 21, Ottawa

A: They could do so much more. You've got all these people coming into these vaccine shops and they said they're only going to give it to someone who is a priority. Since a 13-year-old girl died from H1N1, it should be a priority for everybody.

Sondra Rogers
age 34, Ottawa

A: Perhaps it could be better organized, but basically they are doing what they can.

Sergio Timoklein
age 29, Toronto

A: On a scale from one to 10, three or four. Big lineups ... Didn't have enough of the vaccine ... I think they should explain it more, give more information about how it can be prevented.

Andrea Bagnas
age 27, Vancouver

A: I think they handled it pretty well. They have a bunch of available vaccination sites. As far as I am concerned they are handling it and I don't know what else they could do.

Jared Chaston
age n/a, Dartmouth, N.S.

A: From what I've heard they're running out — there's just not enough of it. If there was such a big scare you'd think they'd be a little more prepared for the whole fiasco.

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Nokia announces pending layoffs

Nokia Siemens Networks said yesterday it will lay off up to 5,700 workers globally as part of a move to cut annual costs by $785 million. The mobile network equipment maker said it will reduce its five business units to three by January, and strengthen its business through partnerships and acquisitions. THE CANADIAN PRESS

Business

DOLLAR	GAS	OIL	TSX
US 93.62¢	US $4.92	US $79.60	11,025.90
US 0.84¢	US 9.8¢	US $1.47	147.55

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Industry launches web recall program

A coalition of Canadian industry associations has come together to launch a single standardized program for product recalls.

The new recall program will make use of web-based technology created by GS1 Canada, the non-profit organization known for creating and managing bar codes used by businesses.

The new program will not replace or change the existing recall system driven by the Canadian Food Inspection Agency.

But the group representing manufacturers, retailers and distributors says it will standardize the communication of recall information between Canadian businesses.

Currently, product recalls are the responsibility of the company involved, and the company works with the Canadian Food Inspection Agency and retailers to execute them.

The coalition says this results in significant variation in processes and communication across industry.

The group says the new program will enhance consumer safety and lessen the administrative burden for businesses.

THE CANADIAN PRESS

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Deal **Buffett laying tracks**

NAT HARNIK/THE ASSOCIATED PRESS

In this May 2009 file photo, Warren Buffett, CEO of Berkshire Hathaway, waves to shareholders prior to a meeting in Omaha. Berkshire Hathaway said yesterday it has agreed to buy Burlington Northern Santa Fe in a deal valuing the railroad at $34 billion.

Business in brief

COURT A legal fight between U.S. investment bank Goldman Sachs and insolvent Canwest Global Communications Corp. is brewing after Goldman filed court documents suggesting creditors of the media conglomerate have been making moves without telling them. The allegations centre around a numbered company created by Canwest at the request of Goldman to hold specialty TV assets.

THE CANADIAN PRESS

Vehicle sales fall

Vehicle sales in Canada were down only one per cent in October compared to a year earlier, the smallest decline in more than a year amid growing consumer confidence.

Overall, 121,500 vehicles were sold in Canada in October, according to data compiled by DesRosiers Automotive Consultants. This compared to 122,711 a year earlier.

"The overall industry is seeing monthly sales return to levels equivalent to what they were in 2008, despite the fact that year-to-date sales for the industry remain down 13.2 per cent," said David Adams, president of the Association of International Automobile Manufacturers of Canada. THE CANADIAN PRESS

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One-day depot for household hazardous waste on Sunday, November 8

You are invited to bring your household hazardous waste to the one-day depots. Just drive in and our attendants will unload your material and dispose of it safely. You don't even have to get out of your car!

What is hazardous waste? Energy efficient light bulbs, turpentine, brake fluid, aerosol containers, fire extinguishers, mercury switches, mercury thermometers, pool chemicals, insecticides, stains, wood preservatives, barbecue starters, propane tanks, oven cleaners, disinfectants, herbicides, fungicides, furniture stripper, gasoline and window cleaner.

*** REMINDER - FINAL 2009 DEPOTS***

Sunday, November 8
9 a.m. to 4 p.m.
Trail Waste Facility
4475 Trail Road

(off Moodie, south of Fallowfield Rd.)

Avoid lineups for the following products:
• **Waste oil** can be brought back to a **"Take it Back!"** partner retailer; check the City's Web site at ottawa.ca under Garbage and Recycling for a list of 100 retailers that take back oil.
• Residents are reminded that pesticides, herbicides and rusty BBQ propane tanks can be brought to the HHW depots for safe disposal.

Did you know you could return paint products and batteries to various Ottawa hardware retailers? Visit **www.dowhatyoucan.ca** for a location near you.

*Only household quantities accepted (maximum 100 litres). **No commercial waste accepted.**

For more information visit the City's website at www.ottawa.ca/hhw or call 3-1-1. (TTY: 613-580-2401)

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relationship management

Haas recovering from H1N1

Tommy Haas, Germany's top-ranked tennis player, is recovering from swine flu. "I did a test because I suspected that I had swine flu. The test was positive," Haas said in yesterday's Bild newspaper. Haas told the paper he was already feeling better. THE ASSOCIATED PRESS

Sports

Bush attends Japan series

Former U.S. president George W. Bush, left, threw out the ceremonial first pitch before Game 3 of the Japan Series between the Yomiuri Giants and Nippon Ham Fighters. The Giants won the game 7-4 to take a 2-1 lead in the best-of-seven series, Japan's version of the World Series. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sens cursed in shootout

Team has been worst in the NHL since debut after lockout

TheHockeyNews

Ken Campbell

thehockeynews.com

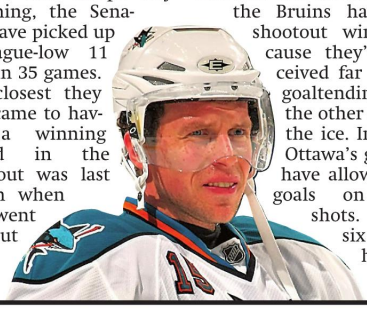
Watching Dany Heatley score in the shootout for the San Jose Sharks a couple of weeks ago has to stick in the craw of Ottawa Senators owner Eugene Melnyk. That and the fact he gave Heatley $4 million to leave town last summer.

(Good luck getting that money back, Eugene. There's no way the Sharks would have dealt for Heatley if they would have had to pay him that money. That's part of what made Heatley so attractive to them.)

But getting back to the shootout — where was that scoring prowess when Heatley was playing for the Senators? Well, one quick explanation is that it seems once a player throws the Senators logo over his head, he somehow loses his ability to score in the shootout.

Since the shootout was introduced after the lockout, no team in the NHL has been as inept in the individual skills competition than the Senators. Going into Friday night's game against the Tampa Bay Lightning, the Senators have picked up a league-low 11 wins in 35 games. The closest they ever came to having a winning record in the shootout was last season when they went 4-6, but are one of only three teams — the Philadelphia Flyers and Toronto Maple Leafs are the others — that have had a sub-.500 record in shootouts in each of the four seasons since it has been introduced.

Including the 0-3 they put up in their only shootout this season, the Senators have scored just 36 goals on 150 shots for a success rate of 27.7 per cent. Only four teams have been worse since 2005-06, including the Boston Bruins. But the difference is the Bruins have 23 shootout wins because they've received far better goaltending at the other end of the ice. In goal, Ottawa's goalies have allowed 47 goals on 124 shots. Only six teams have received worse shootout goaltending.



Prior to signing with the Senators in 2008, Jarkko Ruutu had a respectable six goals in 12 career attempts, including two shootout winners against the Senators, but went just 2-for-7 last season with (surprise, surprise) no game winners. And only three active Senators — Daniel Alfredsson, Jason Spezza and Mike Fisher — have scored shootout game-winners.

Last season, the Senators left six points on the table in shootouts and missed the playoffs by two. Come to think of it, a few playoff dates would have put a dent in the $4 million Melnyk paid Heatley last summer.

The Hockey News thn.com

Probe ordered for Flames flu shots

Flu Outbreak

The Alberta government has launched an investigation into how members of the Calgary Flames and their families scored swine flu shots at a special clinic as thousands of people waited in line for the vaccine or were turned away.

Alberta Health Minister Ron Liepert said he wants to know if the shots were "inappropriately diverted" to the hockey players while other Albertans stood in line for hours.

"There is only one supplier in the province and that's us," he said. "They would only be diverted with the approval of the chief medical officer of health."

Dr. Andre Corriveau, Alberta's chief medical health officer, said he first learned about the issue through the news media yesterday and declined to comment due to the investigation.

Ken King, president of the NHL club, said the players and their families received their shots Friday at a private location. He said the organization contacted Alberta Health Services and requested the clinic.

THE CANADIAN PRESS

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Sports in brief

HOCKEY Jayna Hefford of Kingston scored a pair of goals, including one short-handed, to pace Canada to a 4-0 win over Sweden at the Four Nations Cup yesterday.

H1N1 Ontario University Athletics announced yesterday the postponement of two women's volleyball games after members of the Lakehead Thunderwolves team were diagnosed with H1N1. The Ottawa Gee-Gees were to host Lakehead Friday and Saturday.

MLB Toronto Blue Jays third baseman Edwin Encarnacion underwent surgery on his left wrist last week while centre-fielder Vernon Wells is expected to have surgery on his left wrist next week. THE CANADIAN PRESS

Pettitte aims to lead Yanks to Series win

MLB Andy Pettitte leaned forward in his chair and recounted a recent chat he had with Derek Jeter as soon as they both realized what was next in this World Series.

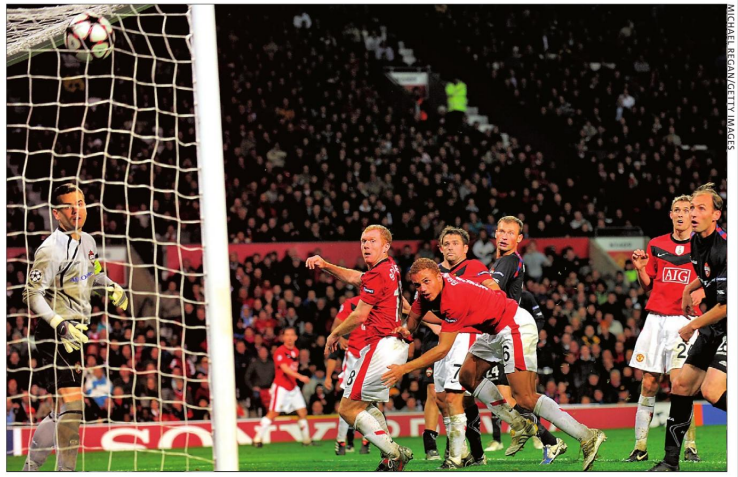
Pettitte versus old foe Pedro Martinez, with the Yankees one win from ecstasy.

Still chasing that elusive 27th championship, New York will turn to Pettitte once again in Game 6 tonight, hoping he can pitch them past the Philadelphia Phillies on only three days' rest.

"Me and Derek were talking about it in the clubhouse last night. Just how strange is this?" Pettitte said yesterday. "I think everybody knew it was going to be a great Series. I think everybody knew it was going to be a tough Series. And it looks like it's living up to that."

After wasting a chance to wrap things up in Game 5 at Philadelphia, the Yankees set their sights on clinching at home.

THE ASSOCIATED PRESS



MICHAEL REGAN/GETTY IMAGES

Manchester United's Paul Scholes scores his team's second goal against CSKA Moscow yesterday during Champions League play in Manchester, England.

Late goals help Chelsea, United advance

SOCCER Manchester United and Chelsea scored late goals yesterday to reach the next round of the Champions League with Bordeaux and FC Porto.

United trailed 3-1 at home to CSKA Moscow with six minutes left, but Paul Scholes and Antonio Valencia scored to make it 3-3 in the Group B game to give last season's runner-up the point needed to advance.

Didier Drogba scored in the 82nd and 88th to put Chelsea 2-1 up at Atletico Madrid in Group D. The 2008 finalist conceded an injury-time goal to Sergio Aguero and drew 2-2.

The two English clubs moved into the next round with Bordeaux, which won 2-0 win at Bayern Munich in Group A, and FC Porto. Four-time European champion Bayern is on the verge of elimination.

AC Milan and Real Madrid still have to play following their 1-1 draw in Italy.

In other games, Juventus won 1-0 at Maccabi Haifa in Group A; Porto won 1-0 at APOEL Nicosia; Wolfsburg won 3-0 at Besiktas in Group B; and Marseille routed FC Zurich 6-1 in Group C.

THE ASSOCIATED PRESS

METRO HOCKEY POOL STANDINGS*

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NAME	LOCATION	GP	G	A	PTS
1. Christian Gagnon	NB, CA	193	98	128	226
2. Joanne Doiron	NB, CA	191	98	123	221
3. Kyle Turk	NS, CA	193	103	114	217
3. Paula Almeida-Stille		193	95	122	217
3. Stephen Stille	ON, CA	193	95	122	217
6. Rick Kit	ON, CA	191	93	121	214
7. Danny Chan	ON, CA	192	90	121	211
7. Stephanie Warren	NS, CA	191	93	118	211
9. Brian B	AB, CA	196	92	118	210
9. Edward Smith	NS, CA	186	94	116	210
11. Claude Brunelle	BC, CA	191	87	122	209
12. Jonathon Gremsperger	BC, CA	189	99	109	208
12. Neil Mann	ON, CA	188	102	106	208
12. Patrick Reed	AB, CA	190	96	112	208
15. B Fillmore	BC, CA	192	74	133	207

* Results exclude Quebec

markerzone.com

metro

Metro Drive

Metro auto writers shine

Metro writer Mark Atkinson was runner-up in the Journalist of the Year category at the Automotive Journalists Association of Canada Awards last week. A Metro Drive article, Know Thy Insurance, was among his submissions. Metro writer Jil McIntosh also bagged awards, including one for Environmental Journalism. METRO NEW SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Clockwise from bottom left, Ford Taurus, Mazda3Sport, Subaru Outback and VW Golf GTI were among the category winners at the AJAC Awards last weekend.

Beep! The winners are here

MARK ATKINSON and JIL MCINTOSH
for Metro Canada

Last weekend, the Automotive Journalists Association of Canada announced its category winners for the year during its Test Fest event. Metro writers Jil McIntosh and Mark Atkinson were among the automotive experts at the AJAC event who were invited to get behind the wheels of 157 new vehicles and make their picks. Here's the list of the category winners and what our experts have to say about them:

MAZDA3: BEST NEW SMALL CAR (UNDER $21K)

MARK ATKINSON: Mazda's smart update to the popular 3 sedan hits all the right notes. The updated design, revvy engine and nimble reflexes make this one entry-level car that doesn't feel like a penalty box.

JIL MCINTOSH: The inaugural Mazda3 took Car of the Year in 2004, and could possibly do it again. Razor-sharp handling remains a key feature, although electronic stability control isn't part of the $20,595 as-tested price.

MAZDA3 SPORT: BEST NEW SMALL CAR (OVER $21K)

MA: The hatchback version of the Mazda3 offers up a more powerful engine, new dramatic sheetmetal and a classier cabin, but still brings great value and fun to Canada's most popular car class.

JM: Hatchback styling and great performance blend with 2.5-litre, 167-horsepower four-cylinder engine. The interior looks great.

VOLKSWAGEN GOLF WAGON: TDI BEST NEW FAMILY CAR (UNDER $30K)

MA: Don't be confused by the name change — the new Volkswagen Golf Wagon is last year's Jetta Wagon with a facelift, a great new audio/nav system and some new badges. Carryover turbodiesel engine is excellent.

JM: VW Golf returns for 2010; this new wagon replaces the 2009 Jetta Wagon. Powerful, smooth diesel engine uses a combined 5.8 L/100 km; a full array of safety features is standard.

FORD TAURUS: BEST NEW FAMILY CAR (OVER $30K)

MA: The best name reincarnation yet, the brand new Taurus is not the abused-rental-car of old. Classy lines, great interior space, a powerful engine, good dynamics and a long list of standard features highlight Ford's big turnaround.

JM: Taurus name returns on an all-new Ford flagship. Roomy and smooth-riding, it uses a 3.5-litre V6, six-speed automatic, and all-wheel-drive; standard MyKey feature lets parents limit speed and radio volume for young drivers.

BMW 335D SEDAN: BEST NEW LUXURY CAR

MA: Compact dimensions and a torque-monster turbodiesel engine give the 335d Sedan nimble dynamics, excellent acceleration and over 1,000 km to every tank of fuel.

JM: The world's bestselling premium sedan makes a whopping 425 lb-ft of torque equipped with this 3.0-litre diesel engine. Optional sport suspension further improves the already-tight handling.

Continued on page 14 ››

Top award coming

- The Canadian Car of the Year Award and the Utility Vehicle of the Year will be voted on by AJAC members over the next few weeks and will be announced in February at the Canadian International Auto Show in Toronto.

Tire pressure key to safety in winter

PROPER INFLATION Make sure you practice proper tire inflation techniques before the snow flies or you could find yourself needing a tow truck, or worse, an ambulance.

Since the air pressure in tires supports the weight of your car, it is absolutely vital that you inflate your tires to just the right degree. This is especially important in winter when tires lose their pressure faster in colder weather.

Here are a few tips from Transport Canada to maintain proper winter tire inflation:

- Measure your tire inflation at least once a month;
- Measure the pressure when the tires are cold (after two hours of non-use or less than two kilometres of driving). Tires lose pressure when the air temperature gets colder (about seven kilopascals, or one pound per square inch, for every 5°C drop in temperature).
- Inflate your tires to the recommended pressures printed on the label inside your car or in your owner's manual;

For more maintenance tips, visit tc.gc.ca/roadsafety/tp/tp2823/inflating.htm

NEWS CANADA

Keeping tab on tire pressure is crucial during winter. More winter tire coverage on PG. 15.

Changes to your driving style will keep you safer in winter, says Young Drivers of Canada's Scott Marshall.

Different season, different driving

JIL MCINTOSH
for Metro Canada

Preparation, anticipation and reaction: they're vital keys to driving safely and confidently in winter weather.

Just as you switch your T-shirt for coat and mittens, you need to adjust your driving habits from summer to winter.

"People seem surprised and shocked that a wet, slippery road isn't going to stop them as fast as a dry road," says Scott Marshall, director of training for Young Drivers of Canada.

On the road, leave more space between your car and others ahead than you might in summer.

"Most drivers forget that in order to respond to a driver in front, we need time to see, to react, and then to stop," Marshall says.

"All year round, people make the mistake of allowing a couple of car lengths. It should be at least two seconds instead, and if the road is snow-covered, double that space. Also, never drive beside someone else. Don't trust that the driver isn't going to swerve when he hits ice. Always have a space beside you at all times."

Many drivers dread "black ice," a thin frozen layer that's often difficult to see, and which claims a huge number of drivers each season.

Rather than fear it, you should anticipate it, Marshall says.

"You can predict where it might be. It will be in areas where the sun doesn't melt it, like a tree-laden road, or under bridges or tunnels."

- More safety tips on safedriving.wordpress.com

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TOYOTA grad program

Breeze through the freeze

The right accessories can make all the difference in winter

MARK ATKINSON
for Metro Canada

November's blustery winds should be the trigger that gets people into winter driving mode, but inevitably, many of us continue blindly into our coldest season unprepared. It happens every year — once the first snowfall hits, only then will the local service shops be filled to capacity with those scrambling to get pre-winter work done, or booking the body-shop after an unintended collision.

Now is the perfect time to get the jump on winter preparation, so Metro gathered some tips on how you can keep safe on the road, and how to stay alive if you do end up going off.

VISIBILITY

To have visibility during all winter weather conditions, it is important to have the right necessities available.

Keep a snow brush and ice scraper in your vehicle at all times during the winter months. If your car is often parked outdoors, invest in a winter windshield cover to keep snow, frost and ice off of your windshield.

Also, top-up on windshield fluid for extreme temperatures and always keep an extra jug in the trunk.

CHECK-UP

Prior to the start of any new season, make an appointment to have your vehicle fully serviced, especially prior to winter, when weather elements can affect many performance elements of the vehicle. Have your battery and charging system checked to ensure it will have enough power to start the car on cold mornings. Check wiper blades for signs of wear and cracking and replace if necessary. Better yet, change to heavy-duty winter blades like Teflon wiper blades. Also, extreme cold is hard on the engine oil. An oil change and new filter are good ideas for the change in season.

An ice scraper is a must-have accessories during winter months.

PACK A VEHICLE EMERGENCY KIT

Keep the following items on-hand in your car, in the event you are ever stuck or stranded:

- Cellphone with hands-free option
- Emergency car starter
- Gloves and hat
- Shovel
- Flashlight
- Jumper cables

MORE TIPS TO GET YOU STARTED

- Make sure you sweep and scrape all the ice and snow off your car before you drive off. It's extremely dangerous not only to you, but also to the others who follow in your wake.
- While having a cellphone with you for emergencies is great, don't distract yourself by using it when driving. In four provinces and counting, this is illegal anyway, but it's poor judgement in all of them. Use your vehicle's built-in Bluetooth if it is so equipped, or invest is a generic hands-free kit.

Warming up

- Canadian winters can be bitterly cold, so warming up your car is essential. Depending on where you live, 60 seconds might be all the time you need. According to Natural Resources Canada (NRCan), warming up your car for more than 60 seconds can be an expensive, inefficient and a harmful waste of fuel.

In cold weather, use a block heater on a timer for two hours and then start driving easy and let the car warm up on the road. Letting your car idle in the driveway for more than 60 seconds, either by a remote starter or starting it yourself, wastes fuel and does not adequately warm up all your vehicle components such as the transmission, tires or the catalytic converter.

Driving your car "smooth and easy" is the best way to warm up your vehicle's components.

- NRCan has more winter driving tips at vehicles.nrcan.gc.ca. NEWS CANADA

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Canadian auto journalists pick top cars of the year

>> Continued from page 12

PORSCHE PANAMERA: BEST NEW PRESTIGE CAR

MA: This will hopefully end the arguments over whether the Panamera is a true Porsche. Faster acceleration and better handling than the Audi R8 5.2 FSI, and equalled the BMW 750i for interior luxury.

JM: The world's best-selling premium sedan makes a whopping 425 lb-ft of torque equipped with this 3.0-litre diesel engine. Optional sport suspension on the $53,350 as-tested model further improves the already-tight handling.

VOLKSWAGEN GOLF GTI: BEST NEW SPORTS/PERFORMANCE CAR (UNDER $50K)

MA: The GTI is back — although it never really left. Facelift and new audio/nav system are this fast Golf's biggest highlights. Fast, tossable, aggressive package.

JM: At 200 horsepower, the lightweight GTI spins on a dime, sticks in the corners, and eats asphalt for dinner.

AUDI S4: BEST NEW SPORTS/PERFORMANCE CAR (OVER $50K)

MA: It's not often that manufacturers offer fewer cylinders in their top-line sports machines, but Audi's move to a supercharged V6 from the previous V8 means less weight, better fuel consumption, and improved handling.

JM Supercharged V6, 7-speed automatic, Quattro all-wheel-drive and zero-to-100 in 5.2 seconds: what's not to love? Rear-seat passengers enjoy more legroom than before, thanks to a redesigned chassis with longer wheelbase.

AUDI A5 CABRIOLET: BEST NEW CONVERTIBLE

JM: A soft top may seem outdated against retractable hardtops, but weight is significantly reduced. Four-cylinder engine delivers 211 horsepower; creamy-smooth steering makes this four-seater an all-day treat whether the roof's up or down.

MA: Audi's classy A5 Cabrio offered a tautly designed package, sumptuous fabric top and decent storage space. Good dynamics and fuel efficiency round out the package.

The Porsche Panamera

SUBARU OUTBACK: BEST NEW SUV/CUV (UNDER $35K)

MA: Subaru addressed the main complaint of the previous-generation Outback by stretching and widening the chassis. Now there's limo-like space in the back of the tastefully redone cabin. PZEV engine is enviro-conscious without the smugness.

JM: It feels more like a big station wagon, with roomy interior, great ride and Subaru's trademark all-wheel-drive. Its 170-horsepower four-cylinder uses Partial Zero Emission Vehicle (PZEV) technology for cleaner tailpipe emissions.

VOLKSWAGEN TOUAREG TDI CLEAN DIESEL: BEST NEW SUV/CUV ($35K-$60K)

MA: Like the 335d, the VW Touareg TDI Clean Diesel won more for its new turbodiesel engine than for anything overly excellent and new. Torque, smooth acceleration and fantastic fuel mileage highlight this off-road-ready Vee-Dub.

JM: At home on pavement or rough cottage roads, Touareg features a 3.0-litre V6 diesel engine, all-wheel-drive, hill climb and descent assist, and up to 3,500 kg in towing capacity.

- Visit metronews.ca/auto for a complete list of winners.and more expert opinion.

SPECIAL FOCUS ON:
Winter Car Care

The winter tire way

MARK ATKINSON
for Metro Canada

It's the same questions every time the snow flies: Should I get winter tires? Aren't all-seasons good enough? Why spend the extra money when I've never had a problem before?

"One of the most important factors in starting, steering or stopping on ice and snow is your tires," says Mark Cox, director of the Bridgestone Winter Driving School in Steamboat Springs, Colo.

"It makes no difference if you have a front-wheel, four-wheel or rear-wheel drive, your vehicle will perform better in most winter driving conditions if it is equipped with purpose-built winter tires instead of all-season radials."

Can you use all-season tires all year? "Tire manufacturers have certainly come a long way in improving winter traction of their all-season tires, but a dedicated winter tire is designed specifically to handle winter driving needs," Cox continues. "And with more areas outlawing or limiting the use of studded snow tires, studless snow tires are becoming more popular."

Changing to winter tires may make your summer or all-season tires last longer, experts say.

A Canadian Tire spokesman advises that "winter tires should be used once the temperature hits seven degree Celsius or lower, as this is when all-season tires begin to lose elasticity, resulting in reduced traction. Winter tires retain their elasticity to grip at much lower temperatures. This provides improved traction for starting, cornering and stopping and can transform the handling of cars."

As for the myth of being more expensive, an article on Toyo Tires Canada's website states that "changing from winter tires to summer or all-season tires is a bit of a hassle, but the only cost incurred is the cost of remounting your tires. Winter tires used during the months when they are designed will last for many years, extending the life of your summer tires. It can actually save you money when considering the costs of replacing a high-performance tire sooner. A way to reduce the changeover cost is to have a second set of steel rims with snow tires already mounted."

Some winter tire options

Bridgestone Blizzak WS60

• No studs needed. This latest edition of the "Winter Biter" tire by Blizzak gives you confidence in traction when it freezes and security in braking when it melts. Exclusive multiple Bridgestone technologies work together with the added reinforcement of RC polymer to further enhance grip in severe ice and snow conditions. Its zigzag sipes improve snow and ice traction by increasing the number of biting edges, while the wide straight groove improves water evacuation to increase traction.

MotoMaster Total Terrain W/T

• This winter tire designed for SUVs, CUVs and light trucks uses D-squared sipe technology to further enhance winter performance while maintaining excellent wet traction throughout the life of the tire. Patented "Snow-Groove" design technology provides biting edges for excellent snow and ice traction without reducing element stiffness.

Toyo Observe G-02 plus

• The TOYO OBSERVE G-02 plus is designed to deliver a secure winter ride with added comfort in the worst Canadian winter conditions. Advanced tread design and tread compound with a wide footprint give the OBSERVE G-02 plus increased all-around winter performance. Wide Contact Patch brings better dry and wet handling, ice braking and tread life. Increased sipe density improves water evacuation resulting in improved levels of ice traction, while larger wave sipes increases lateral traction on ice .

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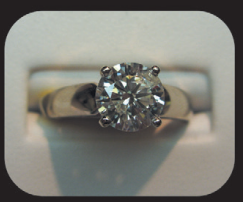

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Know your winter aids

AutoPilot
Michael Goetz
metronews.ca/autopilot

This is a cautionary tale about chains and electronic aids.

And some of you can get your mind out of the gutter right now. No time for distracting thoughts.

We need to discuss the double-edge nature of bad-weather driving technologies, and we need to discuss it pronto — the white stuff is due any day now.

Once upon a time, a tire chain was a "state of the art" technology for getting around in wintry situations.

Today's automotive technologies make good use of electronics and computers. The four main ones we now harness to move around better in winter are: anti-lock braking systems (ABS), traction control systems, stability management systems, and all wheel drive.

They are all, in a word, "awesome."

But they're not miracle workers — they still have to obey the laws of physics. And if drivers overestimate their capacity to help and/or have absolutely no experience with them before the winter-driving sphincter moment arrives, then they have the potential to be the exact opposite of helpful.

Pierre Savoy is a professional driving instructor. One of his gigs is conducting BMW Canada's Winter Driving School every year somewhere in snowy Quebec. It is his learned opinion that most people are woefully unfamiliar with the operation and intent of these systems.

"Most people don't know how to use them, or what to do when they are activated, or even what they feel like when they are activated," says Savoy. "When I do driving training I get people to activate their ABS brakes, and it's often the first time they do. And what happens? They take their foot off because of the ruckus."

The correct response would be to keep the brake pedal plastered to the floorboards, and realize that the ruckus is caused by brakes violently cycling on and off, so the wheels slow down dramatically but not lock-up. This technique not only gets you stopped in the shortest possible distance, but also allows you to continue steering, hopefully around any thing you need to get around.

Anti-lock braking system (ABS) is a winter-friendly technology but drivers need to know how to use it, Michael Goetz says.

Savoy says traction control and stability control offer the same opportunities for confusion. They automatically apply brakes and/or shut down engine power, to get the car moving, or slowed down and under control when its swaying — not the most gentlest of experiences. And if you're not expecting it and wondering what's happening to your universe at that moment, well, then it becomes just more excitement you'll need to process at that juncture.

That's why Savoy advocates taking your car out to some safe place to try all this stuff out, before you experience it in anger on some icy road in the middle of the night.

Like we said at the top, these are "aids." They are there to help, not as a substitution for proper decision-making. That's not to say anyone should not indulge in improper decision making from time to time. Just not behind the wheel.

Michael Goetz has been writing about cars and editing automotive publications for over 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

Kitchen updates

When updating the hardware in your kitchen, look for high-quality knobs, hinges, handles and pulls in unique and attractive materials such as brushed nickel, solid nickel, stainless steel, bronze, rather than plastic or wood. HGTV.CA

Reno Rebate

Don't pay twice

Badly done remodelling/renovation projects will cost you in two ways: You won't pay just for labour and materials, you'll also pay when buyers see a project that has to be redone.

HGTV.CA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Energy-smart design

When decorating our homes, we tend to consider things like beauty and comfort, the durability of pieces we might buy or the image they project. But how many of us stop to consider our energy bills?

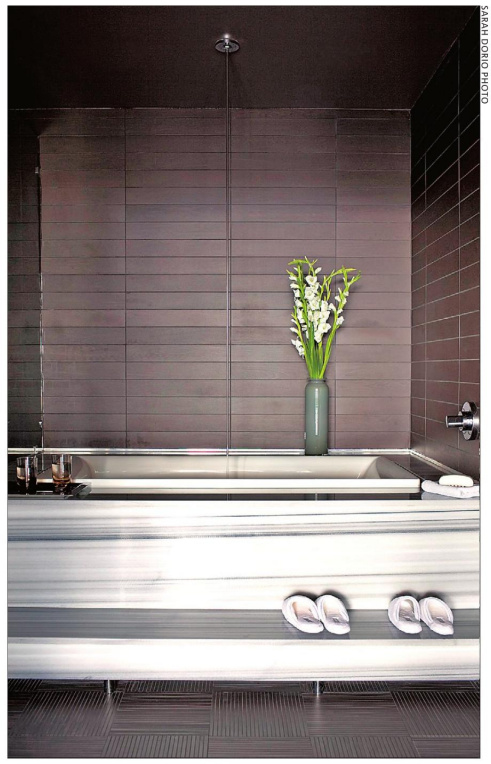
Energy-smart design goes beyond choosing Energy Star-rated appliances or switching to compact fluorescent bulbs, although both are good ideas. Today's experts see opportunities to conserve energy in nearly every aspect of home design.

There are "so many things that look gorgeous and totally save you money," says interior designer Brian Patrick Flynn.

Flynn and fellow designers Mallory Mathison and Janine Carendi share their energy-wise secrets below.

SARAH DORIO PHOTO

This loft, decorated by Brian Patrick Flynn, is protected from sun fading and intense heat with a UV-resistant window treatment.



SARAH DORIO PHOTO

An energy-efficient bathroom decorated by Brian Patrick Flynn.

WINDOWS

Add a layer of heavy "blackout" lining to the back of draperies (DIY or hire a seamstress), Flynn says. "It makes the drapes hang better, and gives them a richer, more full look," he says. The barrier helps keep out noise pollution, as well as light in summer and cold in winter, he says.

As you do with clothing, insulate with layers: Mathison suggests layered window treatments "with a wool sheer and then an outer panel" of heavier fabric.

Check all windows for drafts, Carendi says, and plug holes, or consider replacing windows or repairing window frames. "You would be shocked how much heat you lose," she says, from windows that aren't properly sealed or insulated.

All three designers recommend UV-protectant film, made by 3M, to keep heat out in summer and protect furniture from fading (bonus: some versions also enhance security).

LIGHTING/ELECTRONICS

Swapping out bulbs is a great energy-saving first step. The earliest generations of compact fluorescent bulbs gave off a harsh light that turned off some consumers, but newer versions offer softer, more appealing light.

Next, Carendi recommends replacing old dimmers with energy-smart models (she likes Lutron).

The designers also suggest using power strips or other devices that make it simpler to switch off electronics. Eliminating energy usage from items you don't use overnight can provide real savings.

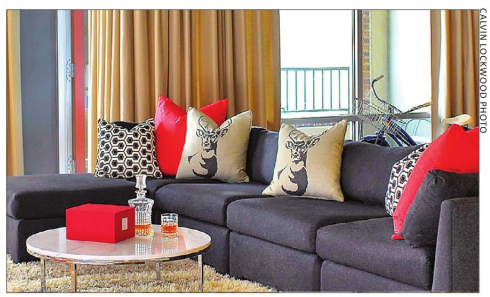
About the HRTC

- The Home Renovation Tax Credit of up to $1,350 applies to alterations "of an enduring nature and integral to the dwelling," meaning anything that is nailed down or wouldn't get transported away.
- The HRTC eligible expenditures are more than $1,000.
- For more, log on to cra-arc.gc.ca/gncy/bdgt/2009/fqhmrnvtn-eng.html.

FLOORS

Add thick, warm, wool area rugs. Warm feet may help you resist cranking up the heat, says Mathison, and the sight of a plush rug can make you feel cosier. You can keep lightweight rugs for summer, but swap them out when temperatures drop: "If you have standard sea grass rugs," says Mathison, "then in winter try adding a wool or cotton flat-weave rug." She also mentions radiant-heated floors.

To warm up stairs and hallways, Flynn has a neat tip: Avoid the expense of having custom rugs made for these narrow spaces by buying a rectangular area rug and having it cut into strips measured to the correct width. Have the strips bound (most carpet stores will do it or recommend a binder in the area) and then attached end-to-end to create a single piece the right length.



CALVIN LOCKWOOD PHOTO

Designer Brian Patrick Flynn used blackout-lined curtains in this room to tackle temperature control.

APPLIANCES

It can be wise to invest a bit more upfront for items with a good Energy Star rating.

Also, says Carendi, "train yourself to look beyond styles of appliances that you're comfortable with. Some of the European brands are highly energy-efficient, but they may not have a look that's as comfortable to you at first."

Another way to conserve: Flynn has several clients who have installed built-in coffee/espresso systems that use a predetermined amount of water. Rather than using the power and water needed to brew an entire pot of coffee each morning, they brew a single cup.

FABRICS

Carendi suggests keeping cashmere throws or other small coverlets on hand. "My husband always puts down the heat," she says, "so I have throws all over my apartment, because they look great and they are so warm — cashmere especially."

If you're changing upholstery, says Flynn, consider having the sofa covered in a warm fabric like flannel, then having a light linen slipcover made for summer.

And Mathison advises walls be insulated as much as possible: "When people used to hang tapestries, they were hung for insulating purposes," she says. "Using grasscloth as wallpaper would be more insulating than regular wallpaper," she says, and even adding wood panelling will help conserve energy.

"It adds texture and interest, and makes things a little bit warmer."

Lastly, all three designers point out that to lessen your home's carbon footprint, you can buy things manufactured or crafted locally, rather than those transported from far away. And comb flea markets and antique shops for pre-used items.

"Antiques are the best way to save energy, because they've already been produced," Carendi says. "As beautiful as they tend to be, you're not buying something new."

THE ASSOCIATED PRESS

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Quality and timelessness are found in structures built with brick and stone. But after years in this harsh Canadian climate, masonry needs a little refurbishing due to weathering.

University of Toronto top Canadian institution: Ranking
The University of Toronto has been chosen as the top Canadian university in Shanghai Jiao Tong University's 2009 Academic Ranking of World Universities. U of T placed 27th overall. UBC, McGill, and McMaster each made the top 100. METRO NEWS SERVICES

Workology

Take your kids to work

Today is Take Our Kids to Work day, an annual national program put on by The learning Partnership in which Grade 9 students are hosted by parents, relatives and volunteers at workplaces across the country. The program supports career development by helping students connect school, the world of work and their own futures. See Thelearningpartnership.ca for more. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

New website connects students to students

RAFAEL BRUSILOW
for Metro Canada

Marketing to students effectively is a tough job but it's a challenge one Canadian agency is taking on by sticking to simple maxim — don't market to people unless you're ready to give them something useful.

Jonathan Tick, 32, is a managing partner at Campus Marketing Agency based in Toronto and says the best — and hardest — type of marketing to do is the kind that actually benefits the people you're marketing to.

"We take a very utility-driven approach to marketing — we don't market unless it benefits the student in some way. Our goal is to provide them with a resource they can use every day," Tick said.

The agency's newest venture is CampusIntel.com, a site geared around taking all of the various things students search for on the Internet — free goodies, campus and world news, blogs, travel deals and classified ads — and package them into a single place accessible with a single click.

The site incorporates a Metro news feed, free blogs and forums and a classifieds/book swap section unique in its rigour. Unlike other online swap sites that allow people to access listings and trade anonymously, CampusIntel's classifieds require a real university email address to access the site, ensuring that the people creating and responding to ads are bone-fide students. The feature also makes it far less likely that users will be preyed upon by muggers or thieves since correspondence is no longer anonymous.

"One of the things we're stressing (about the book swap) is that you need to have a registered email from a post-secondary institution to use it. It's a much safer marketplace than what you would find with a Craigslist or a Kijiji," Tick said.

Tick points at the many recent failed attempts at using Facebook as a marketing platform as an example that students aren't interested in having their online life interrupted by traditional, projected marketing that doesn't offer them any direct benefit.

CampusIntel.com, the latest venture for Campus Marketing Agency, is like Craigslist, but it is not anonymous, it requires a student email in order to participate.

"Social networks get a ton of traffic but it's not the kind of traffic that wants to be marketed to. We're really growing this thing organically so that it catches fire."
Campus Marketing Agency Jonathan Tick

"Social networks get a ton of traffic but it's not the kind of traffic that wants to be marketed to. We're really growing this thing organically so that it catches fire," Tick said.

The power of the student demographic of educated people aged 18-24 can be intense, as Tick says the age group is highly peer-oriented, very impressionable and develops life-long habits that can decide, for instance, which razor someone uses for the rest of their life.

"This is the time of your life when you're creating your spending habits, your buying habits and loyalty habits. It is a very critical demographic for brands," Tick said.

Labels mean less than responsibilities at work

WorkplaceLaw

Customs used to define Canadian employment law — not contracts. When there was a workplace dispute, judges would decide cases based on what was reasonable or just or what the parties would have agreed to if they had thought about the issue from the outset. Customs, however, have been replaced by comprehensive employment contracts and lawsuits for wrongful dismissal. Now, instead of being asked to consider what's most reasonable or fair, judges are asked whether a contract applies and, if so, what its terms represent. But what happens when a contract doesn't accurately portray the true nature of an employee's job? As Centra Windows Ltd. recently learned, sometimes workers are not bound by the agreements they have agreed to.

Having sold home insulation part time for a number of years, a more permanent relationship made sense to Syndey Smith. So, when an opportunity arose to work full time for his friend, the owner of Centra Windows Ltd., Smith did not hesitate to take on the job.

Over the years, Smith's duties increased in scope and importance. He was eventually appointed to the position of vice-president of marketing and development. But in 2004, Centra felt that Smith's performance was far below expectations and terminated him without an offer of severance because Centra felt that Smith was a contractor, not an employee.

However, after 14 years of service, Smith believed he was entitled to much more. He then challenged Centra's views in court — and recently he won.

Although Smith was not paid a salary and he incorporated his own company to invoice Centra for services, he was truly an employee, ruled the court. The true test is not what the parties call themselves in a contract, but rather how they actually behaved. Despite the lack of an "employee" label, the court concluded this relationship existed anyway.

Daniel A. Lublin is an employment lawyer with Whitten & Lublin LLP. Reach him at dan@canadaemploymentlawyer.com.

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Enrolment up 9 per cent at University of Saskatchewan

According to the University of Saskatchewan's annual enrolment report, for the first time since 2003, more students are attending the institution this year than the year before — a positive sign considering the declining high-school student population in Saskatchewan. METRO NEWS SERVICES

Many willing to trust unqualified electricians

RAFAEL BRUSILOW
for Metro Canada

A new study shows a large percentage of Ontario homeowners think it's okay to let unqualified people do their electrical work for them.

A recent Leger Marketing survey found that 45 per cent of Ontario homeowners wouldn't bother to check the credentials of contractors before hiring them to perform electrical work and up to 70 per cent of Ontario homeowners would hire a neighbour, friend or handyman to install a new light fixture, repair an electrical outlet or wire an outdoor timer — all potentially dangerous tasks if not performed properly.

Lucy Impera, registrar of licensing and certification at the Electrical Safety Authority (ESA), says the survey results show that a lack of education still exists among the public about the dangers inherent in electrical work.

"Unfortunately homeowners and the public really don't understand the seriousness of electrical work. The public tends to go for the lowest rate and they don't seem to understand the risks associated with electrical work," Impera said.

A big reason for the misunderstanding, Impera believes, stems from the fact that electrical issues don't give off the same, obvious signals as many other problems around the house.

"(Electricity) has no smell, you can't see it and it's silent. There's nothing telling you, 'Don't put your hand here,'" Impera said.

More importantly, homeowners trying to perform their own electrical work are often at the mercy of whatever work — licensed or not — that was previously performed on their home. If the previous work was not done properly, mistakes can be dangerous and even fatal, even if things seem to have worked properly in the past.

"You don't know what those previous homeowners have done. It's assumed that if you flip the switch and the light turns on the work must have been fine, but that's just not the case," Impera said.

In the past decade, Ontario has seen 106 fatalities and 33,739 electrical fires occur due to unsafe electrical work.

A recent survey indicates that an alarming amount of people wouldn't bother to check the credentials of electrical contractors before hiring them.

To slow the tide of such mishaps, on January 1, 2007 the Ontario government passed a law requiring all contracted electrical work to be performed by a licensed electrical contractor.

Since the law took effect on January 1, 2007, the ESA has actively pursued contractors who perform unsafe or uncertified electrical work and have already conducted investigations of more than 200 individuals.

"We will not stop until we've done all we can to eliminate this bad behaviour. The ESA's vision is an Ontario free of electrical fatalities and serious injury, damage or loss," Impera said.

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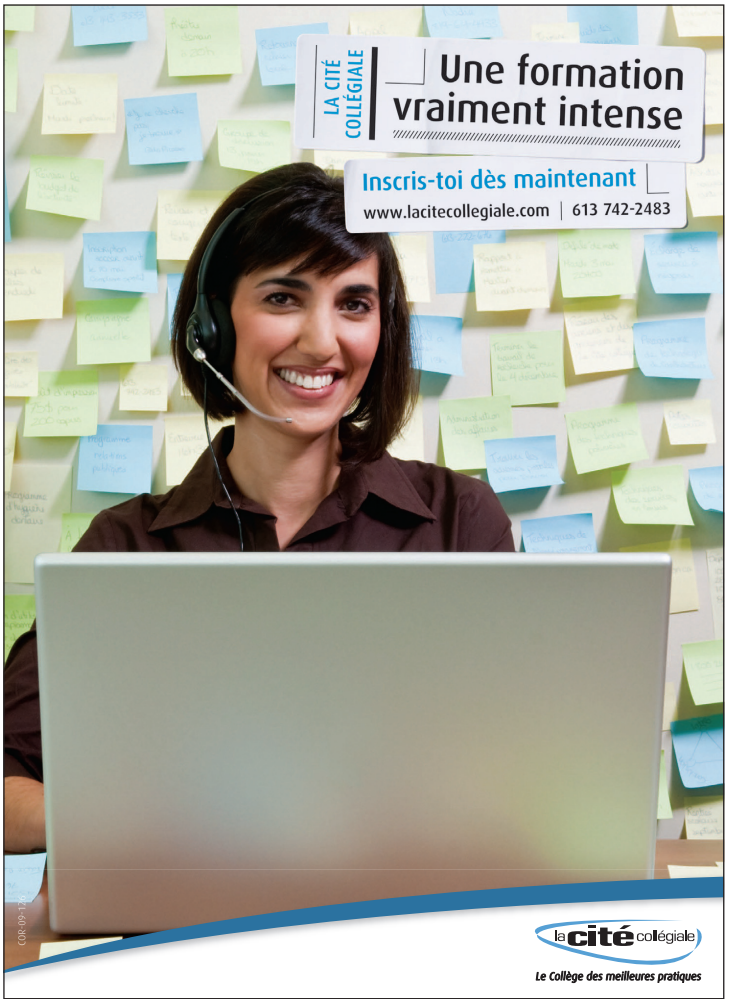

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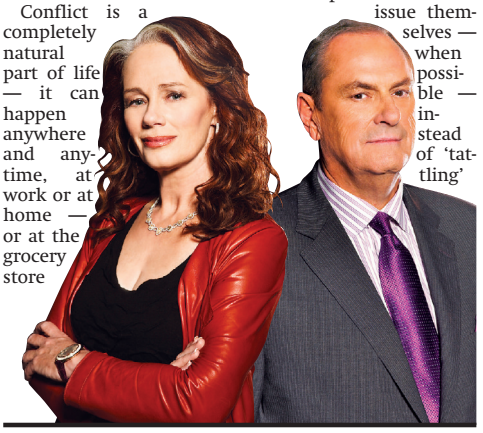
McMaster teaching, research assistants go on strike
Approximately 2,700 teaching and research assistants at McMaster University went on strike Monday after rejecting a "best offer" package from the university over the weekend. METRO NEWS SERVICES

What happens when dragons clash?

Dragons' Den

Two of the Dragons get into a spat on tonight's episode of Dragons' Den. Jim, the loveable former RCMP officer turned Boston Pizza baron, becomes royally ticked at Arlene, the marketing maven from Calgary, when she cuts him off before he's had a chance to say whether he's in or out of a deal.

Jim is a pretty easy-going guy most of the time, but you can see in this situation he is steamed.



Conflict is a completely natural part of life — it can happen anywhere and anytime, at work or at home — or at the grocery store check-out. How people handle conflict varies widely, but it's often a sign of their character, and frankly, their mental health.

The Dragons are clearly not co-workers — but none of them is the boss either. And power plays a major role in how we handle workplace conflict. You have to handle a dispute with your supervisor or your subordinate in a different way than someone who is your equal.

When I was running Venture, the CBC business show that retired from the airwaves in 2007, occasionally a team member came to me to complain about a colleague. I almost always asked if they had expressed their concerns to the person in question. It's better if peers resolve the issue themselves — when possible — instead of 'tattling' to the boss.

However it gets worked out — with the boss' help, or by the individuals involved — the important thing is that it gets worked out. Conflict that isn't addressed can turn toxic. Anger, anxiety, and lost productivity can the result.

Experts say the ingredients to resolving a conflict are respect, a willingness to consider other viewpoints, and to value the legitimate needs of everyone involved.

Unfortunately there are immature adults around who just aren't willing to co-operate. But I think most people do want to do a good job, and feel comfortable in the workplace. If it's possible to tap into those positive instincts, a solution is more likely.

We don't often get to choose our colleagues — others choose them for us. The Dragons didn't choose each other — the production team made those selections. And frankly a bit of conflict makes for good TV!

It's revealing to watch how Jim and Arlene handle their conflict. Does Arlene allow Jim to participate in the deal-making? Can Jim get over his pique to play? Check it out tonight.

Dianne Buckner is the host of Dragons' Den. Tonight's episode airs at 8 p.m. on CBC. Follow Dianne on Twitter @DianneBuckner.

Workology in brief

UVIC GOES SOCIAL Following on the heels of a research initiative to better understand its current and prospective students, the University of Victoria has created a new campaign for its 2010-11 undergraduate recruitment initiative — The Anything Project. The campaign is centred on the question, "If you could do anything, what would you do?" uVic produced a video featuring student, faculty, and staff responses to the question, and is now inviting the public to share their answers through a campaign-related microsite that launches today.

REDESIGN FOR ROYAL ROADS WEBSITE Nearly three months after launching a new website, Royal Roads University has seen a marked increase in traffic to the site. Since the Aug. 7 launch, traffic from Google is up 15 per cent compared to the same period the year before. Page views are up by 17 per cent, and requests for more information about the institution's programs have risen by 30 per cent.

LESS SUPPORT TO MANAGERS A recent study conducted by OI Partners, a global consortium of leadership development consultancies, found that in the wake of the recession, many companies in Canada are offering less support to newly promoted managers. The majority of employees moving into management positions to replace staff who were let go during recent cutbacks, are not getting the training and mentoring that they need to succeed. As a result, more than half of new managers did not live up to expectations of their employers this year.

AWARDS FOR MEMORIAL Memorial University has won the 2009 Award for Best Brochure and Catalogue for Novel Ideas: President's Report 2008 at the ICE (Innovation, Creativity, Enterprise) Awards last Wednesday. The annual report also received two Craft Awards: One for writing, the other for design. The ICE Awards are organized by a diverse group of Atlantic Canada advertising and marketing professionals.

METRO NEWS SERVICES

Canada's best new restaurant

Reviewers have praised its emphasis on fresh local ingredients and the simplicity of its cuisine. Now, Cibo Trattoria on Seymour Street in downtown Vancouver has received another accolade: it's been named by enRoute magazine as Canada's best new restaurant. THE CANADIAN PRESS

Travel

Voluntourism ideas

The new book Frommer's 500 Places Where You Can Make a Difference (John Wiley & Sons) details numerous possibilities for voluntourism, grouping them into categories such as animal welfare, working with children, healing the environment, building better communities, peace-building and spiritual service. Service travel has been around a long time, writes author Andrew Mersmann, but "the easy availability of these trips is somewhat new." THE CANADIAN PRESS

TRAVELDESK@METRONEWS.CA

Present perfect

London's markets are an inspired source for wallet-friendly gifts

ROMINA McGUINNESS
Metro World News

New York City may be famous for its over-the-top take on the Christmas season, but London brings a quirky exuberance to the holidays that's all its own.

Fortunately, this works very well for budget shoppers: just ducking into a high street chain such as Paperchase, paperchase.co.uk will net you delightfully creative cards and ornaments of an ilk that no one at home has likely seen before.

But the city's abundance of street markets also makes London a great place to find fabulous bits and bobs to fill up the stockings.

Whether vintage, organic or eclectic, you're sure to find a gift that will make someone merry.

Broadway market

Nestled between Dalston and Hackney and facing leafy London Fields is London's best kept secret; Broadway Market. The market is eco-aware, so no plastic bags are exchanged between buyers and sellers — bring your own tote — and goods are fair trade or organic.

From edible presents to quirky crafts, Broadway offers all kinds of rich and random treats.

You'll also find treasures such as ceramics, lace headbands and secondhand books; assess your bargains over a coffee and cupcake at one of the cozy cafes on the sidewalk. See broadwaymarket.co.uk.

Greenwich Market

Situated on the bank of the Thames, the village of Greenwich — a UNESCO World Heritage site — is London... but not quite.

STEPHEN MCLAREN/VISITLONDONIMAGES

Left, shoppers browse for ornaments in Greenwich Market. Right, a huge candy stall at the annual Winter Wonderland in Hyde Park.

Located outside the central zone makes it the perfect day trip away from the hordes of shoppers. Come the festive period, the stalls are perfect for picking up original gifts that won't break the bank.

Richard Crafts' handcrafted metal designs come in all kinds of shapes and sizes: The wired wonders include dancing fairies, Christmas trees and shooting stars.

Make a cultural stop at Maritime Greenwich to visit the Cutty Sark, cuttysark.org.uk. the world's last remaining tea clipper ship.

The local shop sells all sorts of kitschy memorabilia from Christmas cards to collector coins. See greenwichmarket.net.

Spitalfields and Sunday Up Market

Recently revamped Spitalfields is great for those wanting to experience the market vibe while shielded from rain and freezing winds; thankfully, the entire space is covered with a glass ceiling.

You'll find everything from oysters and chocolate brownies to Peruvian ponchos and vintage accessories.

Cross the road over to Brick Lane for the grittier yet equally glamorous treasure trove that is the Sunday Up Market. See spitalfields.co.uk and sundayupmarket.co.uk.

Seasonal shopping events

Winter Wonderland in Hyde Park: This seasonal fair has grown into a 20-acre mélange of rides, holiday-themed stage shows and eateries. It also contains a German Christmas Market, with more than 50 decorated chalets selling gifts and refreshments, providing an "atmospheric alternative to the High Street."

- Open Nov. 21 to Jan. 3, 10 a.m. to 10 p.m., closed Christmas Day.
- hydeparkwinterwonderland.com.

Cockpit Arts Open Studios: Creativity, particularly with regards to visual design, seems to bloom in London, so a trip to see a group of the city's best artisans is always worthwhile. Cockpit Arts, a creative-business incubator, has Open Studios days at which you can meet the 165 resident designers and browse their wares. This year's pre-holiday dates at Cockpit Arts Holborn are Fri., Nov. 27 to Sun., Nov. 29. See cockpitarts.com for details.

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Disney Dream

Disney's newest cruise ship, the Disney Dream, will debut in early 2011 and feature a water coaster called the AquaDuck that sends guests racing above the upper decks of the ship; as well as an animated turtle that engages children in conversation about life in the ocean. METRO NEWS SERVICES

Following Florida's scenic highways

Plenty of snowbirds are familiar with the drive south to Florida, but a scenic route promotion program in the U.S. wants visitors to know about the best routes to drive while they're in the state.

Under the National Scenic Byways program, the highest recognition possible is the All-American Road designation. That status has just been granted to the Overseas Highway, which stretches for 205 kilometres in the Florida Keys.

Completed in 1938, the Overseas Highway incorporates 42 bridges over the waters of the Atlantic Ocean, Florida Bay and the Gulf of Mexico.

Only 30 other U.S. roadways have earned the prestigious title. Keys officials expect the accolade will lead to increased tourism and additional highway funding.

"The All-American Road designation will bring status to us with international and domestic visitors, so that they know driving U.S. 1 from Key Largo to Key West is a one-of-a-kind driving experience," said Judy Hull, president of the Florida Keys Scenic Corridor Alliance that spearheaded a multiyear effort to achieve the distinction, who was in Washington for the ceremony.

"It should help us with tourism and future highway grant funding."

The Overseas Highway follows a trail originally blazed in 1912 when Standard Oil millionaire Henry Flagler completed the extension of his Florida East Coast Railroad from Miami to Key West.

In 1982, 37 of the original bridges including the Seven Mile Bridge were replaced with wider spans. Most of the historic bridges still stand alongside the newer ones and now serve as fishing piers for anglers.

At the same time, three other Florida roads were recognized as new National Scenic Byways:

S. GREG PANOSIAN

A lone palm tree on Bahia Honda Key, Fla., and the Overseas Highway, which runs for 205 kilometres through the keys.

Black Bear Scenic Byway

In the state's north central region, linking Silver Springs and the city of Ormond Beach, this route traverses some of Florida's most pristine ecosystems, centered on the Big Scrub, the world's largest scrub forest.

The byway offers access to a wide array of outdoor activities and public lands, including the Ocala National Forest,

Ormond Scenic Loop & Trail

This 50-kilometre double loop of roadways runs through some of the most beautiful and diverse natural scenery remaining in all of northeast Florida. There's ready access to the Atlantic Ocean, North Peninsula, Tomoka and Bulow Creek State Parks as well as numerous city and county parks.

The roadway view includes unobstructed vistas of two rivers, creeks and marshes, barrier island dunes and beach, and historic dwellings.

Big Bend Scenic Byway

The Big Bend Scenic Byway is 355 kilometres long and can be accessed from Apalachicola in the west, Tallahassee Regional Airport in the north, or Newport in the east.

It includes outdoor experiences all along the way. such as the Forest Trail — rich with pine forests, hardwood hammocks, grasslands, streams and rivers — or the Coastal Trail of salt marshes, bays, sand dunes, and beaches.

Travellers can also look for the many species of birds, butterflies, animals and wildflowers along the route. THE ASSOCIATED PRESS

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New York $299*
Travel Jan 25 - Feb 2/aa + taxes & fees $112

London $349
Travel Jan 25 - Feb 2/ua + taxes & fees $415

Las Vegas $399
Travel Jan 25 - Feb 2/aa + taxes & fees $115

Rome $399
Travel Jan 25 - Feb 2/ua + taxes & fees $366

Buenos Aires $799*
Travel Nov 16 - Dec 2/aa/la + taxes & fees $362

Johannesburg $1139
Travel Jan 25 - Feb 2/ua/qr + taxes & fees $339

Vacations

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Miami Air + Car $429
+ taxes & fees $120
INCLUDES 7-day car with unlimited mileage. Departs Nov 26/ggv/aa.

Mont Tremblant 3 Nights + Lift Passes $489
Le Grand Lodge Mont-Tremblant taxes & fees included
Travel Jan 3 - 6/ggv.

New York Air + 2 Nights $549*
Millenium Hilton + taxes & fees $119
INCLUDES Manhattan accom. Departs Nov 20/ggv/aa.
ADD roundtrip transfers for $40.

Hawai'i Air + 7 Nights $999
Ohana Waikiki West + taxes & fees $111
INCLUDES Waikiki accom. Departs Dec 1/ggv/aa.
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Thailand Sailing 7-Day Tour $1279
Thailand Sailing Adventure taxes & fees included
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Santa Lucia 7 Nights 4-Star $495*
Oasis Brisas + taxes & fees $240
Departs Nov 23/swg/wg.

Puerto Vallarta 7 Nights 4-Star $528*
Bahia Principe San Juan + taxes & fees $332
Departs Nov 23/vat/ts.

Cancun 7 Nights 4-Star $575
Oasis Cancun + taxes & fees $272
Departs Dec 3/swg/wg.

Punta Cana 7 Nights 4-Star $595*
Tropical Princess Beach Resort + taxes & fees $330
Departs Nov 23/swg/wg.

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TICO

Griffin ready to dance
Kathy Griffin will host ABC's new show Let's Dance, in which celebrity contestants will re-enact famous routines. It will premiere at 9:30 p.m. on Monday, Nov. 23, after the Dancing With the Stars performance finale. EW.COM

Entertainment

New faces
MAC has tapped Lady Gaga and Cyndi Lauper to be the new faces of the MAC AIDS Fund. The campaign, called From Our Lips, will launch in February according to Women's Wear Daily. METRO WORLD NEWS

EDITOR: DEAN.LISK@METRONEWS.CA

Eustace dishes on ugly split

Divorce Sucks chronicles loss of husband to Tori Spelling

IAN JOHNSTON
for Metro Canada

Divorce sucks in general. But to have your divorce played out in public can reach new heights of ... well ... sucking.

"Divorce really kicks your ass," says Mary Jo Eustace, who woke up one day to find out her husband, actor Dean McDermott, had left her for Hollywood starlet Tori Spelling.

Cue the tabloid frenzy.

"I'd get constant calls to sell my story or to be on reality shows. Friends sold stories about me to the tabloids. And I was constantly portrayed as this bitter, old, crazy ex-wife. Just lie after lie."

Eustace — best known for her cooking series What's For Dinner and He Said, She Said — did eventually get through it, turning her divorce experience into the just-released book, Divorce Sucks.

It's a part tell-all, part no-nonsense guide on what to do (and definitely not do) during a divorce.

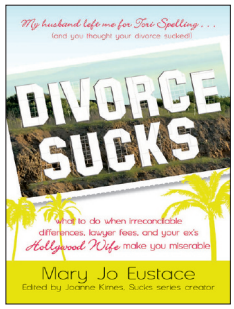
Which begs the question — why would she want to relive such a terrible experience?

"I think the book was a perfect combination where I could be funny, and help people by sharing my personal stories. Divorce is not something people talk about. They assume it won't happen to them. And when it does, it can be horrendous."
Mary Jo Eustace

"I think the book was a perfect combination where I could be funny, and help people by sharing my personal stories," she says. "Divorce is not something people talk about. They assume it won't happen to them. And when it does, it can be horrendous."

In Divorce Sucks, Eustace's own experiences occasionally border on the bizarre. Like her questionable decision to meet the "other woman," Spelling, only to have Spelling use that encounter as fodder for her own autobiographic book.

"My experiences are by no means the worst," claims Eustace. "The divorce stories I've heard from people can be scary — everything from being locked out of their houses, to hiding assets, to stealing the family dog."



Mary Jo Eustace, left, turned her divorce experience — from reality TV star Dean McDermott of Tori & Dean — into the just-released book Divorce Sucks, above.

Eustace — who is originally from Toronto and currently lives in Los Angeles with her two children — says the underlying message of her book is learning to like yourself post-divorce.

"It's about accepting that you're worthy to enjoy life again, and patting yourself on the back. If you're able to do that, it's a major thing," she says. "If you're angry and bitter, you're not going to enjoy your new life."

Eustace's new life isn't straying all that far from the topic of divorce. Later this month, she'll film a pilot for a new W series called Second Act.

"It's all about getting people unstuck and moving them forward in life."

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Jim Carrey, right, is the latest actor to play the infamous Ebenezer Scrooge in the upcoming Disney version of A Christmas Carol.

Scrooge reborn

BY RICHARD CROUSE
For Metro Canada

Movie feature

IMDB lists 70 entries for the character Ebenezer Scrooge. Everyone from Jack Palance to Vanessa Williams (her character was called Ebony Scrooge) have "bah humbugged" their way through the role.

This weekend Jim Carrey joins that list in a big budget Disney motion capture version of A Christmas Carol. But why have the character and the story of the man who hated Christmas stayed popular since Charles Dickens penned it 166 years ago?

The first reason may have appealed to old Scrooge's frugal nature. The story is in public domain, meaning there are no pesky payments to the Dickens family for using the character, but to be made (the first film came in 1901) remade (21 times on film and dozens more made for TV) then turned on its head and remade again and again, there must be something else about the story's humbuggery that resonates with viewers.

A Christmas Carol opens in theatres this Friday

The Life and Times of Ebenezer Scrooge author Paul Davis says the story is one of those rarities that is so familiar it's almost part of our collective DNA.

"My acquaintance with Scrooge seems preliterate," he wrote, "different from my sense of Dick and Jane, Dr. Doolittle or Robinson Crusoe. I remember when I first met the Hardy Boys, but I feel as though I've always known Scrooge and Tiny Tim."

Dr. Philip Allingham of Lakehead University, concurs, calling it a "wonderful, heart-warming story with people that we feel we know extremely well."

Familiarity with the characters is one thing but other scholars think the story's ability to seem current, no matter when it is restaged is a major selling point.

"What it all boils down to is that A Christmas Carol is that rare and precious thing, a story for the ages," said the Washington Post's Jonathan Yardley, "like other such stories — the Bible, the dramas of ancient Greece, the plays of Shakespeare — becomes a distinct and different entity in each age."

Perhaps these days of bear markets and economic uncertainty have given the story a timely slant. In light of our recent economic downturn Scrooge's penny-pinching ways could be seen as something to be emulated.

The bottom line, however, may be the simplest explanation of all; A Christmas Carol is a tale of redemption that confirms the fundamental spiritual nature of Christmas itself. In other words, it makes us feel good.

No one can do it better

• Jim Carrey insists he is the perfect actor to portray Ebenezer Scrooge in Robert Zemeckis' new 3-D animation version of Charles Dickens' A Christmas Carol, since he and the famous character have so much in common. "I hate Christmas," he insists. "I'm the only one in Hollywood who hates it."

All joking aside, Carrey was thrilled to take on the famous part, especially since the technology allowed him to become a more believable miser without worrying if the makeup would be believable.

But the process of making a motion-capture movie wasn't something Carrey was necessarily used to. The face the digital artists came up with for Scrooge was also disconcerting, Carrey admits. "When I saw the movie, one of the first things I said was, 'My family is going to have a heart attack. That is my father.'"

Alastair Sim

For inspiration, Carrey looked to the famous Scrooges of the past, particularly Alastair Sim, from 1951's Scrooge. "His whole being had an acid reflux bitterness to it that is just splendid to watch. I wanted to have that feeling, that deep feeling that causes rheumatism, that will eventually eat you alive from inside."

— NED EHRBAR/ METRO WORLD NEWS

Lost star gets taste of Law

Lost star Naveen Andrews has signed on to film a guest spot on an episode of Law & Order: SVU. The details of his role are being kept under wraps for now. TVGUIDE.COM

'Colbert Nation' comes to the rink as comedian sponsors U.S. skating team

OLYMPICS Of the many countries participating at the Vancouver Olympics, add Colbert Nation to the list.

On Monday's The Colbert Report, Stephen Colbert announced his show has become the primary sponsor of the U.S. Speedskating team. The team's largest annual cash sponsor, DSB Bank NV, left the team in the lurch after it declared bankruptcy in October.

The name Colbert Nation — the catchall for the legion of ardent fans of the satirical Comedy Central program — will be emblazoned on the team's uniforms.

Stephen Colbert

"On their enormous, billboard thighs, it will say, 'Colbert Nation,'" Colbert said in an interview before Monday evening's taping. "Be looking for that logo as it comes around the final turn. It will be easy to see because it will be in first place."

The show isn't paying the team any money directly. Instead, Colbert is calling on his fans to donate to the team via www.colbertnation.com and www.usspeedskating.org.

In the past, Colbert has had a great deal of success raising money this way.

He has raised hundreds of thousands of dollars for the Yellow Ribbon Fund, a charity that assists injured U.S. service members and their families.

The Dutch bank DSB was to pay $300,000 US for the sponsorship but failed to make any payments.

That put U.S. Speedskating in a difficult position with little time to court new sponsors before the games begin in February.

U.S. Speedskating executive director Robert Crowley, who appeared on Monday's show, acknowledged it was a "definitely unconventional arrangement," but said it would generate exposure for the sport.

THE ASSOCIATED PRESS

Polanski appeals to courts again

Roman Polanski has appealed again to the Swiss courts to be released from prison on bail, officials said yesterday, the latest step in the director's protracted legal battle to avoid extradition to the United States.

The Swiss Criminal Court declined to comment on the contents of the appeal, but the Justice Ministry said it was an offer that the government has already turned down in part because it lacked a cash guarantee.

Folco Galli, the Justice Ministry spokesman, said it was an appeal of a release request that was rejected last week. Such re-appeals are common under Swiss law.

The 76-year-old filmmaker has suffered a string of setbacks since he was arrested Sept. 26 in Zurich as he arrived to receive a lifetime achievement award from a film festival. Authorities in Los Angeles want him extradited for having sex in 1977 with a 13-year-old girl.

The court confirmed yesterday that it received the appeal, a day after a lawyer for Polanski said the request had been filed and included adequate guarantees that he would not flee justice if released.

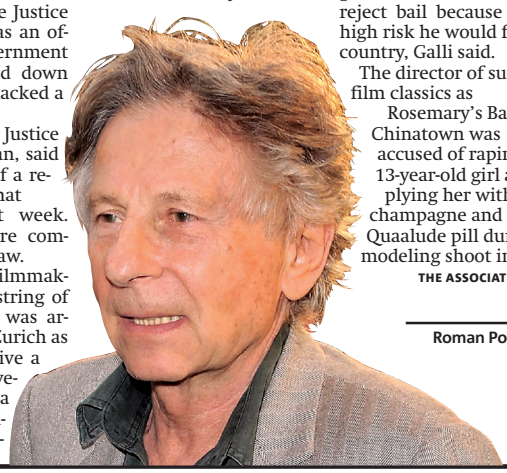
Attorney Herve Temime had earlier said the appeal would include a significant cash amount but did not repeat the claim on Monday.

Court official Patrick Guidon declined to say when a verdict might be expected.

Polanski is asking for the Swiss court to reverse the government's decision to reject bail because of the high risk he would flee the country, Galli said.

The director of such film classics as Rosemary's Baby and Chinatown was accused of raping the 13-year-old girl after plying her with champagne and a Quaalude pill during a modeling shoot in 1977.

THE ASSOCIATED PRESS



Roman Polanski

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primetime 11/4/09	265	353	2	TVO	Creatures of the Cork Forest		The Agenda With Steve Paikin		The Relief of Belsen		Human Edge Three generations.		
	211	331	3	GTV	ET Canada	Entertainment	Bones		Glee		Melrose Place "Gower"		News Final
	-	-	5	SRC	Virginie (SC)	L'Épicerie	Le Moment de vérité (SC)		Hauts		Le Téléjournal Nouvelles. (SC)		La Zone (SC)
	209	342	6	CHRO	Degrassi: TNG	TMZ (N)	Hank (N)	The Middle (N)	The Vampire Diaries		(10:01) Eastwick (N)		Comedy Now
	196	311	7	CTV	etalk	Hollywood	America's Next Top Model (N)		Criminal Minds (N)		CSI: NY (HDTV) (N)		CTV News
	208	303	8	CBC	Wheel-Fortune	Jeopardy! (N)	Dragons' Den (HDTV) (N)		The Tudors (N) (DVS)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Mercy (HDTV) (N)		Law & Order: SVU		The Jay Leno Show (N)		News
	117	713	10	TVA	Poule-oeufs or	Occupation	Destinées "Vertige" (N) (SC)		Dr. House (HDTV) (SC)		TVA nouvelles	(10:45) Denis Lévesque	
	-	-	11	QS	450 chemin	Rire et délire	Distraction (N) (SC)		Lie to Me: Crimes et Men		Wipe Out	L'Attaque à 5	
	137	763	12	TFO	Panorama		Forever Lenine		*Deux anges* (2003, Drame) Siavoush Lashgari.			Villages	Passions
	-	362	13	CBS	The Insider (N)	Judge-Brown	Old Christine	Gary Unmarr	Criminal Minds (N)		CSI: NY (HDTV) (N)		Two/Half Men
	216	395	14	OMN2	Family Guy	The Office	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Great Land
	214	344	15	CITY	Law & Order: Special Victims		Mercy (HDTV) (N)		Modern Family	Cougar Town	The Jay Leno Show (N)		News
	115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere V	Omni News:	The Simpsons	King of the Hill	Metropia
	218	345	18	CHCH	*The Adventures of Rocky and Bullwinkle* ★ (2000, Comedy)				*The Good Shepherd* ★★ (2006, Drama) Matt Damon.				News at 11 (N)
	-	361	20	ABC	Action News	Entertainment	Hank (N)	The Middle (N)	Modern Family	Cougar Town	(10:01) Eastwick (N)		News
	512	396	24	CPAC	La Période de questions (SC)		Heure polit.	L'Heure politique				Revue	Période-quest.
	651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	MLB Baseball World Series, Game 6 -- Philadelphia Phillies at New York Yankees.						Postgame	News
	-	-	64	PBS	Business Rpt.	Whiz Quiz	Bill Cosby: The Mark Twain Prize 2009			Untold Stories	Emblem of Freedom		Charlie Rose
	205	312	104	CTV	etalk	Hollywood	America's Next Top Model (N)		Criminal Minds (N)		CSI: NY (HDTV) (N)		CTV News
news	502	390	26	NW	Connect Today's biggest stories. (N)				CBC News: The National		Planet Earth "Deserts"		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	MLB Pregame	MLB Baseball World Series, Game 6: Philadelphia Phillies at New York Yankees. (HDTV) (Live)							
	126	730	28	RDI	24 Heures en 60 minutes		Artisans du changement (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	That's Hockey!	Over the Bolts	NHL Pregame	NHL Hockey Calgary Flames at Dallas Stars. (HDTV) (Live)					SportsCentre
	410	403	52	SCR	Score Today	FullTiltPoker.net Million		Cabby Unlimit	Score Now	NBA Basketball Dallas Mavericks at New Orleans Hornets.			
family	411	457	56	OLN	Ghost Hunters		Dog the Bounty Hunter		Survivorman		Ghost Hunters		Bounty Hunter
	417	406	59	SC	Pass Time	NASCAR Hub	Amer. Thunder	Pinks Outtakes	Pass Time	Pass Time	Wrecked	Wrecked	Pass Time
	554	544	48	TEL	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
	557	540	51	FAM	Sonny Chance	Zack & Cody	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
	551	542	65	YTV	Drake & Josh	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	Prank Patrol	Adrenaline Proj
cable variety	570	580	29	MM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Gene Simmons Family Jewels		The Daily Fix
	615	520	31	A&E	Criminal Minds "Lucky"		Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Manhunters
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		UFC Unleashed		UFC Unleashed		The Ultimate Fighter (N)		Ult. Fighter
	521	560	34	TLC	Little Couple	Little Couple	Cake Boss	Cake Boss	Say Yes-Dress	Say Yes-Dress	Flowers Uncut	Flowers Uncut	Cake Boss
	145	761	35	TV5	Devoir d'enquête		*Un aller simple* (2001, Com. dramatique) Jacques Villeret.				Mixeur	Sport	TV5 Le Journal
	616	521	39	SHO	The Outer Limits		The Guard "Waheguru"		Found.	Paradise Falls	Bones (HDTV)		NCIS
	620	523	40	BVO	The Achievers	Bravo!Videos	Arts & Minds	O'Reagan File	Wingfield	Star Portraits	White Collar "White Collar Pilot"		
	520	505	42	DIS	Daily Planet (N)		Pitchmen (N)		Mega Builders (N)		Mayday (N)		Daily Planet
	575	583	43	CMT	Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Due South
	601	562	45	SLC	Rich Bride, Poor Bride		Nearly Dead	Nearly Dead	Nearly Dead	Newlywed	In Laws	In Laws	ET Canada
	625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Michael	RENO 911!	Daily Show
	294	529	47	TBS	Family Guy	Family Guy	Law & Order: SVU		The Office	The Office	*Bad News Bears* ★★ (2005, Comedy)		
	600	564	49	H&G	House Hunters	Property Virgin	Realtor	Intervention	Property Virgin	Unsellable	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager "Q2"		Torchwood		Supernatural (HDTV) (N)		Star Trek
	581	566	53	MTV	The Hills	After	Disaster Date	Peak Season	The Hills	The City	The City	After	MTV Live
	618	524	54	TROP	King	King	The Outer Limits		ET Canada	What Happen?	Family Guy	King	King
	522	506	55	HIS	Hitler's Stealth Fighter		Life After People		Ice Road Truckers		Hitler's Stealth Fighter		Outlaw Bikers
	129	773	60	CD	Biographies "Billy Crystal"		Voyage d'enfer "Bangladesh"		Destr Expr	Chasse	Autopsie (HDTV)		Images-chocs
	261	394	61	V	Murder, She Wrote		Keeping Up	Foot in Grave	Jeeves and Wooster		Unscripted (N)	Driven-Vision	Poltergeist
	602	567	62	W	Old Christine	Friends	Friends	Grocery Bag	Grocery Bag	Yourself Sexy	Chef Worthy	Fearl-Kitchen	Supersize-Skin
	269	350	70	APTN	Investigates	Reel Insights		Wings-Canada	Canadian Geographic		War of 1812		Storytellers
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
	603	561	95	FN	Ricardo	Fresh-Anna	Challenge (N)		Iron Chef America		Chopped (N)		Chef School

critics' corner

Dog the Bounty Hunter

In this episode, Duane "Dog" Chapman has his heart squeezed by his latest target: Mona Lisa. No, he's not trying to pilfer that painting of the mysteriously smiling lady. Dog's Mona Lisa is a young woman whose fast and loose lifestyle has gotten her into some hot water. Since his own daughter Barbara — who shares Mona's birthday — died in a high-speed car accident, Dog is determined not to let Mona ruin her life.
5 PM on 56 OLN

Pitchmen

Billy Mays passed away in June, but he lives on in his infomercials and this series about him and fellow pitchman Anthony "Sully" Sullivan. In this new episode, "A Tale of Three Billys," the pitch game goes multigenerational, as Billy's father and son get in on the act. Dad has a luxury product he'd like the boys to sell, and Sonny is getting into commercial directing. Billy and Sully help them both out while teaming up to pitch a new lawn fertilizer.
8 PM on 42 DIS

Near face-planting experience

Mariah Carey almost went face-first into Jay Leno's stage during a taping of his show on Monday night, popeater.com reports. As Carey was making her way onto the stage, she tripped up and nearly fell forward. METRO NEWS SERVICES

Celebrity Buzz

Rihanna breaks her silence

CENTRE OF THE CIRCUS Months after being attacked by ex-boyfriend Chris Brown, Rihanna is speaking out about her healing process in December issue of Glamour magazine, people.com reports.

"My story was broadcast all over the world for people to see," she says. "They have followed every step of my recovery.

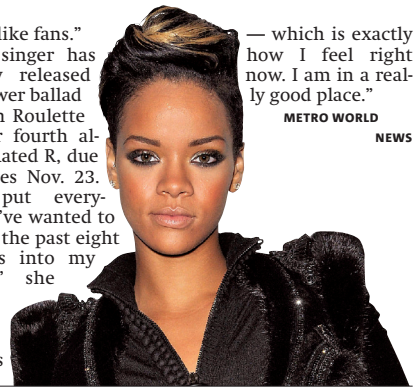
"The positive thing that has come out of my situation is that people can learn from that. I want to give as much insight as I can to young women, because I feel like I represent a voice that really isn't heard. Now I can help speak for those women."

Named Glamour's 2009 Woman of the Year, Rihanna, 21, will be honoured in a special ceremony at New York's Carnegie Hall on Monday. In addition to opening up about her difficult year, the singer — and fashionista — will also appear in a pictorial spread.

As for the massive scrutiny following the February 2009 attack, Rihanna says, "I went to sleep as Rihanna and woke up as Britney Spears. That was the level of media chaos that happened the next day."

And, she says, the past nine months have been a source of growth and strength. "I am stronger, wiser and more aware. You don't realize how much your decisions affect people you don't even know, like fans."

The singer has already released the power ballad Russian Roulette off her fourth album, Rated R, due in stores Nov. 23. "I've put everything I've wanted to say for the past eight months into my music," she says. "(It's) super fearless — which is exactly how I feel right now. I am in a really good place." METRO WORLD NEWS



Celebrity tweets

Demi Moore likes to brag and John Favreau has a confession to make.

• @mrskutcher
My husband is gorgeous inside & out! Just wanted 2 express my awe at how lucky I feel 2 be with this man

• @John_Favreau
Is anyone else going through their kids' trick or treat candy after they fell asleep?

METRO NEWS SERVICES

Winslet gets last laugh

ETHICAL WARFARE Academy Award winner Kate Winslet said yesterday she was "delighted" to win a payout of about $40,000 US from a British newspaper that said she lied about her exercise regime, people.com reports.

"I strongly believe that women should be encouraged to accept themselves as they are, so to suggest that I was lying was an unacceptable accusation of hypocrisy," the 33-year-old mother of two said in a statement. METRO NEWS SERVICES

Barton centre of bar brawl?

YOU TALKING TO ME?! Mischa Barton sparked a fight at a Halloween party, femalefirst.co.uk reports.

The former O.C. star was furious after a reveller threw a drink over her at New York's Park Bar on Saturday after she accidentally stepped on his foot, throwing her own beverage at the unnamed partygoer in retaliation.

The incident took an ugly turn when the actress — who was dressed as a peacock — returned to her table and told her friends, who rushed to confront the man.

A source told Radar Online: "Within a few minutes one of her male friends came over to confront the guy and asked him to step outside."

The two men then allegedly fought on the dance floor before two bouncers came and threw out the instigator — who had "a gash to his head and his knee was all cut up." METRO NEWS SERVICES

Fame? No thanks

BUT THE MONEY'S NICE Kristen Stewart isn't interested in the spotlight. "I don't want to be a movie star like Angelina Jolie," The Twilight star tells Blackbook magazine. "Nothing about being a celebrity is desirable. I'm an actor. It's bizarre to me that everybody's so obsessive." METRO WORLD NEWS

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OLG

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Today Partly cloudy 5°/ 0°
Thursday Cloudy 4° / -3°
Friday Variable 2°/ -4°

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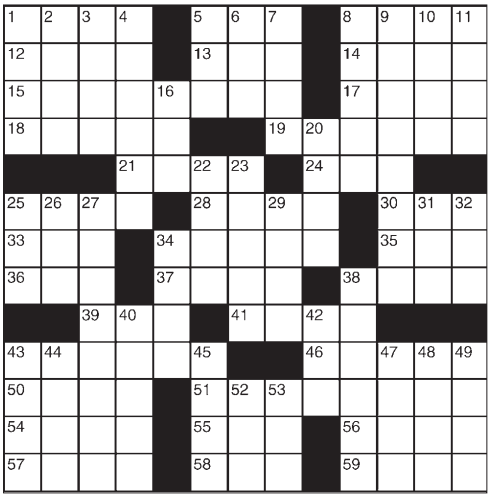
Take Five



ACROSS

1 Foolish sort
5 Satchel
8 "Without delay" acronym
12 A Katzenjammer kid
13 Commotion
14 NASA's "Forget it"
15 "Oh, really?"
17 PC picture
18 Mar
19 Harm
21 Peruse
24 Toothpaste type
25 Bit of banter
28 Ark builder
30 Caustic solution
33 Past
34 Line dance?
35 Wet wriggler
36 Feathery accessory
37 "— Karenina"
38 Leading man?
39 Siesta
41 Geological periods
43 Acts the moocher
46 Shelter from the sun
50 Astrologer's bear
51 Barely mediocre
54 Laugh-a-minute
55 St.
56 Passenger Parks
57 Facility
58 Skillet
59 Spuds' buds

DOWN

1 Anything but that
2 Nasty stinger
3 Grooving on
4 Unisex garb
5 Cudgel
6 Billboards
7 Suitable
8 Japanese cartooning style
9 Commonly named
10 Highly excited
11 Southern bread
16 Hearty brew
20 Mideast VIP
22 Shortly
23 "Death Be Not Proud" poet
25 Poke
26 "I" strain
27 Unspecified people
29 Culture medium
31 Verily
32 46-Across provider
34 Feature of a Batsuit
38 Off the boat
40 Marble type
42 Donkey
43 Remedy
44 Met melody
45 Break suddenly
47 "Hi, sailor"
48 Teaspoonful, at times
49 Greek vowels
52 Eggs
53 X rating?

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3				5				4
8	7						5	2
			6		2			
	9			1			4	8
		4				9		
2	3			8			1	
			9		4			
6	5						7	9
9				3				6

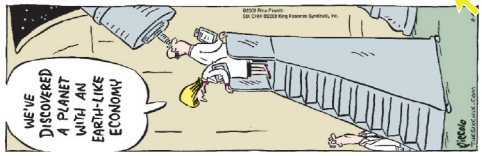
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

A	R	E	A	■	P	A	M	■	G	E	N	E
M	E	R	V	■	O	V	A	■	A	V	I	D
S	T	R	A	N	G	E	R	■	L	I	N	G
■	■	■	T	O	O	■	G	A	L	L	E	Y
S	A	L	A	D	■	I	A	G	O	■	■	■
P	I	E	R	■	S	T	R	A	P	P	E	D
A	N	A	■	V	I	C	E	S	■	E	R	E
S	T	R	A	I	G	H	T	■	W	A	N	E
■	■	■	A	C	H	Y	■	B	I	K	E	R
S	P	I	R	I	T	■	B	O	G	■	■	■
T	O	D	O	■	S	T	R	A	W	H	A	T
A	N	O	N	■	E	R	A	■	A	O	N	E
G	E	L	S	■	E	Y	E	■	M	E	T	E

8	1	4	7	2	5	9	3	6
2	9	7	4	3	6	1	5	8
5	6	3	1	8	9	4	2	7
4	7	1	2	5	8	3	6	9
9	2	6	3	1	4	8	7	5
3	5	8	9	6	7	2	1	4
6	3	5	8	9	1	7	4	2
7	8	2	5	4	3	6	9	1
1	4	9	6	7	2	5	8	3

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Fresh Tomato Pasta Toss

INGREDIENTS:

3 lbs (1.5 kg) ripe fresh tomatoes
1 package (16 oz/454 g) uncooked tube pasta
2 garlic cloves, minced
1 tbsp (15 mL) canola oil
1 tsp (5 mL) dried parsley flakes
1 tsp (5 mL) dried basil
3/4 tsp (4 mL) dried oregano
1 tsp (5 mL) salt
1/4 tsp (1 mL) sugar
1/8 tsp (0.5 mL) pepper
1/4 cup (50 mL) whipping cream
1/4 cup (50 mL) shredded Parmesan cheese

METHOD:

1. To remove peels from tomatoes, fill large pot with water and bring to boil. Place tomatoes, one at time, in boiling water 30 seconds. Immediately plunge in ice water. Peel skins with sharp paring knife and discard. Chop pulp; set aside.

2. Cook pasta according to package directions. In large skillet, cook garlic in oil over medium heat until golden. Add parsley, basil, oregano, salt, sugar, pepper and reserved tomato pulp; mix well. Bring to boil; reduce heat. Add cream; heat through.

3. Drain pasta and transfer to serving bowl. Pour tomato sauce over pasta and toss to coat. Sprinkle with cheese.

SERVES 8

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
If someone tells you there is something you cannot have you will make every effort to get it. But could it be they are hoping you will react this way?

TAURUS ♉
APRIL 21-MAY 21
After today you won't be under so much pressure on the work front, but don't use that as an excuse to lower your standards.

GEMINI ♊
MAY 22-JUNE 21
Don't be too surprised if people you thought were on your side pick holes in what you say and do today.

CANCER ♋
JUNE 22-JULY 22
Current events may wear you down and make you discouraged today, but that is not an excuse to give up on something.

LEO ♌
JULY 23-AUG 23
Something you thought you understood yesterday will confuse you today, but don't be down about it.

VIRGO ♍
AUG 24-SEPT 22
Certain people may be intensely irritating but you must not let them see that they are getting under your skin.

LIBRA ♎
SEPT 23-OCT 23
Take care that your feelings don't sweep you away over the next 24 hours. You can't rescue everyone.

SCORPIO ♏
OCT 24-NOV 22
You will get a well deserved rest from a family or relationship problem now that Neptune is turning direct again.

SAGITTARIUS ♐
NOV 23-DEC 21
Your confidence will fade a bit today as you begin to wonder if maybe you have taken on too much.

CAPRICORN ♑
DEC 22-JAN 20
Don't be so desperate to improve your financial position that you start taking the kind of risks that could end in disaster.

AQUARIUS ♒
JAN 21-FEB 18
Cosmic activity in and around your birth sign warns it is time to stop trying to be the biggest and the best in everything you do.

PISCES ♓
FEB 19-MARCH 20
Be under no illusions about what is important in your life and what is not – and what you stand to lose if you get them mixed up.

TAKE A BREAK FROM WORK

Visit metronews.ca to watch

metrotube of the day

This day in history

1429: Joan of Arc liberated Saint-Pierre-le-Moûtier.
1501: Catherine of Aragon (later Henry VIII's wife) meets Arthur Tudor, Henry VIII's older brother – they would later marry.
1783: W.A. Mozart's Symphony No. 36 receives its première performance in Linz, Austria.
1852: Count Camillo Benso di Cavour becomes the prime minister of Piedmont-Sardinia, which soon expands to become Italy.
1921: The Sturmabteilung or SA is formally formed by Adolf Hitler.
1922: In Egypt, British archaeologist Howard Carter and his men find the entrance to King Tutankhamun's tomb in the Valley of the Kings.

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Limited model shown

2009 ELANTRA L

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LAST CHANCE

Limited model shown

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LAST CHANCE

Limited model shown

2009 SANTA FE 2.7L GL

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Limited model shown

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GL Sport model shown

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GLS Sport model shown

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GRADUATE REBATE PROGRAM

"The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ¥Last months price is the price as of October 2009 for a 2010 Sonata GL 5-speed. Price for model shown: 2010 Sonata V6 Limited model shown is $29,499. ♦Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Elantra L/2009 Tucson L/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Elantra Limited of $20,295/2009 Tucson Limited of $27,495/2009 Santa Fe Limited of $32,445. ψPrices for models shown: 2010 Accent 3 DR GL Sport 5-speed $16,999/2010 Elantra Touring GLS Sport 5-speed $21,699. ¥♦ψ◊Delivery and Destination charges of $1,565 for 2010 Sonata/$1,495 for 2009 Elantra/$1,765 for 2009 Tucson/$1,765 for 2009 Santa Fe/$1,495 for 2010 Accent/$1,495 for 2010 Elantra Touring, registration, insurance, license fees and applicable taxes are excluded. Delivery and destination charges includes freight, P.D.E., dealer admin fees and full tank of gas. *Purchase financing available O.A.C. from Hyundai Financial Services on 2010 Sonata/2009 Elantra/2009 Tucson/2009 Santa Fe/2010 Accent $4.72/2010 Elantra Touring models with 2.9% finance rate is 0.47% cost of borrowing. 2010 Elantra L 5-speed $16,995 at 0% per annum equates to $283 bi-weekly for 36 months with $0 down payment. Total obligation is $16,995. Cost of borrowing is $0. **Lease rate is 1.3% for 2010 Accent 3 DR GL Sport 5-speed for a 60/60 month walk-away lease. Down Payment of $0/$0 and first monthly payment required. Total lease obligation is $11,640/$13,020. Lease offers include Delivery and Destination of $1,495/$1,495. Applicable license fees, insurance, registration, PPSA ($45), and taxes are excluded. $0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of $0.10/km. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ♦ψ◊Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ‡You may qualify for an additional incentive ($300 in B.C.) if you turn in your 1995 model year and older vehicle and participate in the national Retire Your Ride program, funded by the Government of Canada. To qualify, your vehicle must be 1995 model year or older, in running condition and fully registered and insured in the participant's province for the last 6 consecutive months (12 months in B.C.). Upon confirmation of eligibility for the Retire Your Ride program, Hyundai Auto Canada will provide an additional Clean Air Cash that must be applied to the purchase of a new Hyundai vehicle in the amount of ($500 - 2009 Accent/ $500 - 2009 Elantra sedan / $500 - 2009 Elantra Touring / $500 - 2009 Sonata / $500 - 2009 Tucson / $500 - 2009 Santa Fe / $1,000 - 2009 Genesis Sedan / $1,000 - 2009 Veracruz / $1,000 - 2009 Azera / $500 - 2010 Accent / $500 - 2010 Elantra sedan / $500 - 2010 Elantra Touring / $500 - 2010 Genesis Coupe / $500 - 2010 Sonata / $1,000 - 2010 Veracruz. Clean Air Cash will be applied to reduce the after-tax purchase price of your new Hyundai vehicle. By participating in this program you will not be eligible for any trade-in value for your old vehicle. For more information about the Retire Your Ride Program visit www.retireyourride.ca. Some conditions apply. See dealer for details. ‡See your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.